

50 Sample Mental Health-related Questions

Here are fifty sample mental health-related questions that you can ask your clients or patients! Feel free to use them for any online questionnaires you're going to make, worksheets for your therapy program, or ask your client these in person when they attend a therapy session!

Do make sure to have them elaborate on their answers so you can get more information out of them. Remember! The more you know about them, the more opportunities you'll have to help them work through their mental health struggles.

50 Sample Questions
1. How have you been feeling lately?
2. Have you had any negative or worrying thoughts lately?
3. Do you feel overwhelmed by your job?
4. Do you feel a sense of purpose in your life?
5. How do you typically cope with stress?
6. How do you handle failure or setbacks?
7. Do you tend to express your emotions or suppress them?
8. Is there anything stressing you out right now?
9. Are you satisfied with your job?
10. Are you satisfied with your work-life balance?
11. How would you describe your emotional state today?

Mental Health Nursing Scenarios With Questions

Hongru Du



Mental Health Nursing Scenarios With Questions:

Ignite the flame of optimism with Crafted by is motivational masterpiece, **Mental Health Nursing Scenarios With Questions** . In a downloadable PDF format (Download in PDF: *), this ebook is a beacon of encouragement. Download now and let the words propel you towards a brighter, more motivated tomorrow.

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