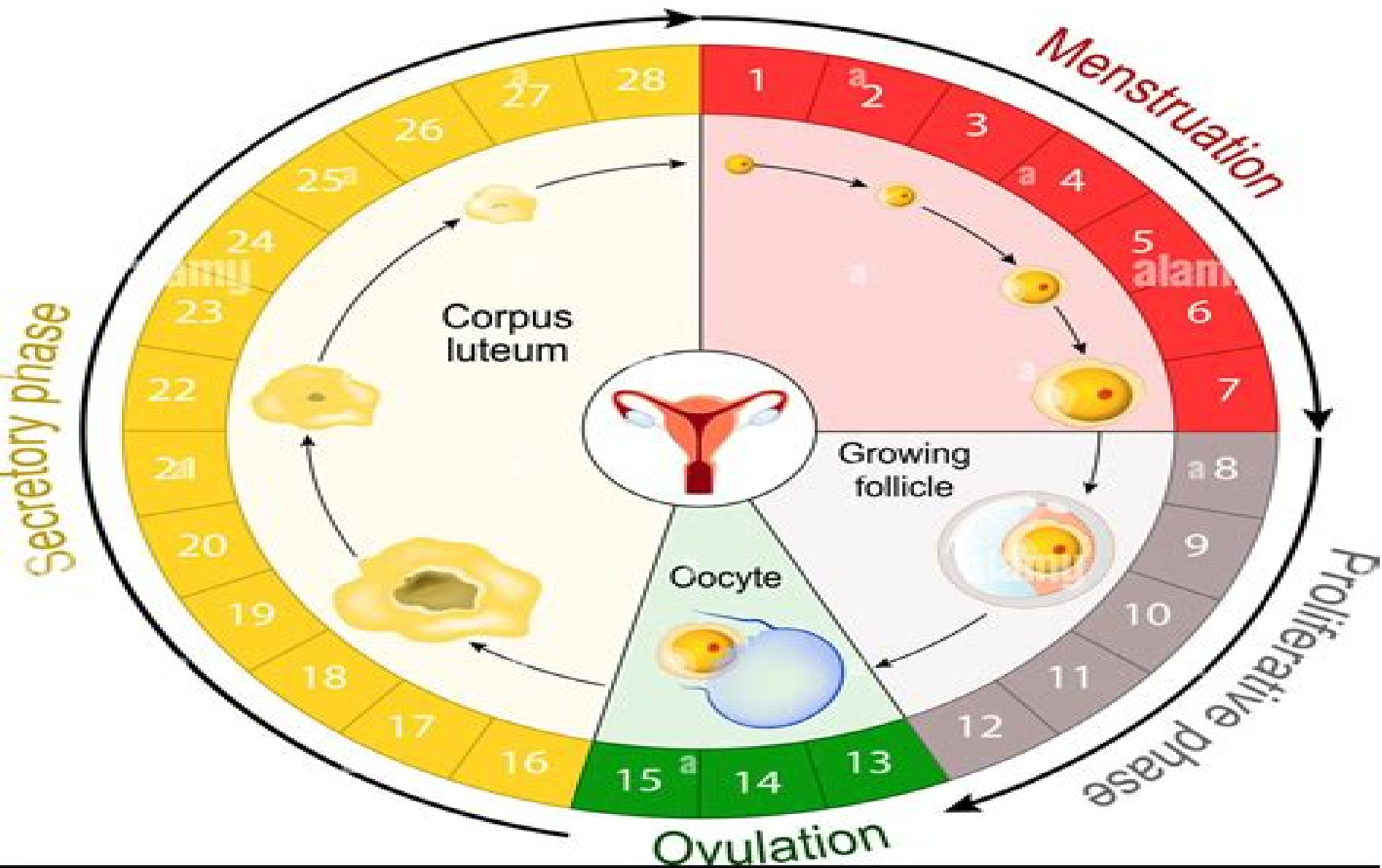


# Menstrual cycle



# Mens Guide To The Menstration Cycle

**The American Dietetic Association  
(ADA), Roberta Larson Duyff**



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