

## Mental Health Nursing Interpersonal Process Recording (IPR)

Student Name \_\_\_\_\_ Date \_\_\_\_\_

Brief information about this client: Scenario 1 Mr. Jones is a 69-year-old retired engineer admitted with Major Depressive Disorder  
Scenario 2 (#11-20) A 34-year-old women with Generalized Anxiety Disorder and ineffective coping

Student Goal for this interaction: To gather more information on the patient's thoughts and mindset while demonstrating a therapeutic nurse-client relationship.

Setting/Time: Patient's room 0900

	Nurse Communication (Verbal & Non-verbal)	Client communication (Verbal & Non-verbal)	Nurse's Thoughts & Feelings Related to the Interaction	Communication Technique (Therapeutic/Non-Therapeutic)	Alternative or Revised Response
1.	Hello, my name is Geneva (smiling). I'm a student nurse at Rasmussen College. I am interested in talking with you, do you mind if I join you?	Hi you may come in (client sitting in a chair gazing out the window)	I am feeling anxious because I am new at this type of interview, and I want to do a good job.	Therapeutic: Offering self. The nursing student was making herself available on an unconditional basis (Townsend, M. C., Morgan, K. I. 2018).	Even though the client invited me in, he could have said no. Instead of asking if he minds if I could join him, I should have stated my name, then told him what my intentions were.
2.	Thank you. Can you tell me your name and date of birth? (I am looking at the patient's wrist band to confirm his name and date of birth).	The patient states his full name and date of birth. He watched me while I checked his wrist band.	I was thinking, "Ok, the patient got his name and date of birth correct; therefore, he is oriented to self."	Therapeutic: Exploring	By confirming his identity is making sure I am speaking to the correct person and confirmation results in the student addressing the patient by his right name.
3.	Mr. Jones, how are you feeling?	The patient looks at me and answers: "ok, I guess!"	I was genuinely concerned about how he was doing.	Therapeutic: giving a broad opening; this allows the client to take the initiative (Townsend, M. C., 2018).	
4.	Mr. Jones, can you tell me a little about what brought you to the hospital? (while facing the	Pl fold hands together; sits quietly "I keep wondering how long I will have to stay	I am afraid he is going to shut down and not answer my questions.	Therapeutic: open-ended question. The nursing student was	

# Mental Health Nursing Process Recording Guide

**Mark Steyvers**



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