

LOVERS UNMASKED

The Neuroscience, Psychology and Spirituality
Behind Intimate Abuse



Lovers Unmasked The Neuroscience Psychology And Spirituality Of Intimate Abuse

Laura Taylor



Lovers Unmasked The Neuroscience Psychology And Spirituality Of Intimate Abuse:

Lovers Unmasked J. R. Jesse, 2015-01-02 Why He Picked You and What You Can Do About It After her escape my sister knew she was looking for something but she didn't know what it was or where she would find it She had questions why had he picked her how was he able to con her why didn't she see through it what made him the way he is was something wrong with her too how could she avoid a repeat experience Chapters 4 5 and 6 are the heart of this book sharing neurological psychological and biblical reasons for the root cause of intimate abuse each of which are chilling and when taken together terrifying but liberating Self expression plays a key role in self image which is the basis of just about everything that happens to us It is the sum total of what we think about ourselves it is our subconscious marching orders Self image influences the outcomes of our activities and relationships When personality is inhibited self image is diminished and things go awry Personality works like this in relationship when a personality disordered man meets a personality inhibited woman and there is attraction the stage can be set for abuse and violence Abuse and violence come in many forms some of the worst of which never leaves a mark on anyone although it inflicts deep wounds The subconscious mind and the conscious mind are both involved in personality and self image so is the central nervous system Working together they are powerful mechanisms The most potent of which is the subconscious mind the repository of experience and information impressed with emotion The subconscious mind does not have an agenda other than to run its programming regardless of whether that programming helps or hinders The conscious mind is the door to the subconscious mind There are many irresistible forces in play when two people come together in a way that leads to intimate relationship When that relationship becomes abusive it's hard to see and understand that turning unless you know what to look for In the beginning there is often a vague sense of something being off but as statistics show that is rarely enough to dissuade either person from pursuing the relationship Once both people are activated by personality primal emotions kick in and soon they are propelled forward until they are joined like a key in a lock or a hand in a glove Even though our personality expression and self image are programmed by experience we are not stuck with that programming The self image is key to personality and behavior but it can be changed and when it changes so do personality and behavior This applies whether the programming is positive or negative Women who have endured different types of mistreatment have said that the most long lasting was verbal abuse because it changed how they thought of themselves In the words of a wise woman I know the verbal abuse got into them because of its repetition and basically reprogrammed them at a subconscious level We now know that when we endure a great trauma whether a one time event or an ongoing experience we can diminish its negative effects in order to go forward without being held back by emotional scars That is how powerful the mind is and how resilient the personality However this does not apply to the personality disordered individual whose damage is so extensive that methodologies for repair and recovery do not exist Reordering your life after abuse is about learning how to regain full mental emotional spiritual physical financial health

Understanding the nuts and bolts of falling for an intimate con is crucial to grasping the keys to recovery even if you have already made major strides J R Jesse s is a needed voice in the conversation about relationship for men women and society at large Don t miss it

Enchanted Love Marianne Williamson,1999 Marianne Williamson reveals with elegant simplicity that love is not a mere sentiment of emotion but the ultimate truth at the heart of creation Deepak Chopra For millions of Westerners the quest for material gain has led to increasing frustration and unhappiness Now says spiritual philosopher Marianne Williamson our hunger for worldly gain has been transformed for many of us into hunger for spiritual renewal What we deeply long for most is the experience of paradise In this inspiring new work Williamson explores different aspects of the power of that vision the possibility of the highest love made manifest on Earth in a series of reflective essays accompanied by prayers and meditations Topics include the power of faith innocence being seen forgiveness blamelessness healing surrender serenity beauty and unity For people seeking to enhance their lives Williamson s insights lay the groundwork for spiritual evolution and fulfillment Her practical advice will guide readers towards a place where passion creativity and freedom most important the freedom to express and infinite love are recognised not only as the soul s most potent desire but also as the ultimate destiny of the human race

Love and Awakening John Welwood,1996 Combining practical advice like that of Harville Hendrix with spiritual teaching like those of Thomas Merton the bestselling author of *Journey of the Heart* Challenge of the Heart and Awakening the Heart creates an extraordinary book about the sacred power of intimate relationships

The Intimate Life Judith Blackstone, Ph.D.,2011-11-01 This is a book about making contact with yourself your partner and everything around you at the deepest level possible The basis for this connection is what Dr Judith Blackstone calls fundamental consciousness what we all are in our essence In *The Intimate Life* this innovative teacher and psychotherapist shares 17 relational practices from her unique approach to embodied spiritual awakening known as the Realization Process Offered to help us relate core to core with compassion understanding and joy *The Intimate Life* explores Our spirituality flowers as we bring love alive in our lives In *The Intimate Life* Judith Blackstone guides us in how to release resistance to authentic contact and how to realize our inherent oneness with all beings Her teachings are lucid powerful and wise this book is a gem Tara Brach PhD author of *Radical Acceptance* With grace and profound insight Judith Blackstone presents wise guidance on how we can more genuinely connect with and recognize the luminous depth of each other and the world Marci Shimoff New York Times bestselling author *Love for No Reason* and *Happy for No Reason* Attuning to Unified Consciousness how to let go of our conditioned perceptions and behaviors to foster spiritual maturation Overcoming boundary problems how to embrace the paradox of oneness and separateness Awareness emotion and physical contact the three main pathways of interpersonal connection The spiritual essence of sexuality spiritual exercises that apply unified consciousness to sexuality to enhance pleasure liberate the body s subtle energy and more To genuinely love other people is one of the central ideals in every spiritual tradition It s also one of our greatest challenges Here is a transformational guide

to becoming lovers of life and experiencing the full potential of our intimate relationships The Relationship Between Religion, Spirituality and Intimate Partner Violence Laura Taylor, 2010 Religion and spirituality have been found to hold both positive and negative potential for women who have experienced intimate partner violence Researchers have found that religion and spirituality can enhance coping and support the ability to find meaning in challenging and stressful life events Conversely religious beliefs and mores have been found to limit women's choices and their ability to enact resistance when violence occurs The purpose of this research was to develop a deeper understanding of the influence of religion and spirituality for women who have experienced and are healing from intimate partner violence Twelve women who had experienced intimate partner abuse were recruited through community agencies and counsellors Qualitative interviews and grounded theory were used to develop a theoretical model of the relationship between religion spirituality and abuse and the impact of religious and spiritual coping on healing Underlying all themes is the concept of religious coping The main themes that emerged from the interview data were religion spirituality as limiting or inhibiting choice abuse as limiting or inhibiting religious or spiritual connection religious community support as healing emotional opening as healing and finding meaning and purpose as healing The results of this research demonstrate the importance of understanding spiritual and religious aspects of experience when working with women healing from abuse

Uncover the mysteries within is enigmatic creation, Embark on a Mystery with **Lovers Unmasked The Neuroscience Psychology And Spirituality Of Intimate Abuse** . This downloadable ebook, shrouded in suspense, is available in a PDF format (Download in PDF: *). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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