

POLAR TEAM² QUICK GUIDE

This is Quick guide for the Polar Team². Please read Quick guide through before beginning to work with Team². Quick guide gives you the basic information on Team². For more information, see Team² software help.



POLAR TEAM² INCLUDES

■ POLAR TEAM² BASE STATION

- Connects the transmitters with your PC
- Allows you to monitor up to 80 players in real time
- Ethernet, Wi-Fi, Bluetooth
- Rechargeable battery with up to 12 hours stand-alone use
- Operating temperature: 0°C to +60°C (32°F to +140°F)
- Water-resistant if the plug is in place

NOTE: During charging the legs of the base station must be used because the bottom heats up. The bottom of the base station heats up to 60°C (140°F). During charging, the maximum operating temperature is 40°C (104°F).

■ 10 POLAR TEAM² TRANSMITTERS AND TRANSMITTER STRAPS

- Transmitter compatible with most Polar wrist units
- Transmitter strap exclusively designed for Team² transmitters
- Transmitter memory can record 48 hours of data in online mode and up to 360 hours of data in off-session mode
- Bluetooth, Polar magnetic communication technology transmitter, re-chargable battery
- Water-resistant

■ POLAR TEAM² CHARGER

- Not water-resistant, only for indoor use

USB CABLE

- Secondary option for downloading data from the transmitters' memory
- Bluetooth

POLAR TEAM² PC SOFTWARE

- Installation instructions included in Quick guide
- Download the latest software updates to get the newest features for your Team²

Manual Polar Team 2

C Cleary



Manual Polar Team 2:

The book delves into Manual Polar Team 2. Manual Polar Team 2 is a vital topic that must be grasped by everyone, from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Manual Polar Team 2, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:

- Chapter 1: Introduction to Manual Polar Team 2
- Chapter 2: Essential Elements of Manual Polar Team 2
- Chapter 3: Manual Polar Team 2 in Everyday Life
- Chapter 4: Manual Polar Team 2 in Specific Contexts
- Chapter 5: Conclusion

2. In chapter 1, the author will provide an overview of Manual Polar Team 2. The first chapter will explore what Manual Polar Team 2 is, why Manual Polar Team 2 is vital, and how to effectively learn about Manual Polar Team 2.
3. In chapter 2, this book will delve into the foundational concepts of Manual Polar Team 2. The second chapter will elucidate the essential principles that must be understood to grasp Manual Polar Team 2 in its entirety.
4. In chapter 3, this book will examine the practical applications of Manual Polar Team 2 in daily life. This chapter will showcase real-world examples of how Manual Polar Team 2 can be effectively utilized in everyday scenarios.
5. In chapter 4, the author will scrutinize the relevance of Manual Polar Team 2 in specific contexts. This chapter will explore how Manual Polar Team 2 is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, this book will draw a conclusion about Manual Polar Team 2. The final chapter will summarize the key points that have been discussed throughout the book.

The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Manual Polar Team 2.

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Manual Polar Team 2 Introduction

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