# MBLEx Massage Therapy Study Guide | 164 QUESTIONS | WITH COMPLETE SOLUTIONS

Shaman correct answer: Healer

Traditional Chinese Medicine (TCM) correct answer: 3000 BCE

Nei Ching correct answer: The Bible of TCM - first formal written record of TCM

Emperor Huang Ti correct answer: 2697 B.C.E. - 2596 B.C.E. when Nei Ching was written

Amma correct answer: A System of manual and energy techniques

Ayurveda - Life-ayur/knowledge-veda correct answer: Is a health and treatment system that was derived and developed within India's Vedic culture around 1800 B.C.E.

Herodicus correct answer: father of sports medicine Fifth century BCE Greek doctor tutor to Hippocrates

Asclepius correct answer: god of medicine and healing The rod of Asclepius - A snake-entwined staff Greek mythology

Hippocrates (460-377 BC) correct answer: Father of medicine

believed disease is a natural occurrence related to imbalances in the body and that the body has the ability to heal itself.

Four humors theory

Four Humors correct answer: Phlegm - cold and moist like water

Blood - hot and moist like air

Yellow bile - hot and dry like fire

Black bile - cold and dry like earth

Anatripsis correct answer: The art of rubbing a body part upward toward the heart and body center to benefit circulation in the excretory process.

Asclepiades correct answer: A popular Greek physician who practiced in Rome around 124 BCE. He distinguished between delusions and hallucinations and argued that therapy for emotional problems should be pleasant.

# **Massage Therapy Study Guide**

**DP Hallahan** 

**Massage Therapy Study Guide:** 

#### Decoding Massage Therapy Study Guide: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "Massage Therapy Study Guide," a mesmerizing literary creation penned by way of a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring impact on our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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easy (been using Cvent since 2012) so you should be fine. Next up is the advanced exam - those sample questions were hard for me.