

# NEW MEXICO JOB HEALTH AND SAFETY POSTER

You Have a Right to a Safe and Healthful Workplace

## IT'S THE LAW!



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Agencia:  
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Santa Fe, NM 87505

Mailing Address / Dirección de  
Correos:  
PO Box 5469  
Santa Fe, NM 87502-5469

Telephone No. / Número de Teléfono:  
505-476-8700 or 1-877-610-6742

Fax Number / Número de Fax:  
505-476-8734



### Employees:

- You have the right to notify your employer or OSHA about workplace hazards. You may ask OSHA to keep your name confidential.
- You have the right to request a New Mexico OSHA inspection if you believe that there are unsafe or unhealthful conditions in your workplace. You or your representative may participate in the inspection.
- You can file a complaint with New Mexico OSHA within 30 days of discrimination by your employer for making safety and health complaints or for exercising your rights under the New Mexico Occupational Health and Safety Act.
- You have a right to see OSHA citations issued to your employer. Your employer must post the citations at or near the place of the alleged violation.
- Your employer must correct workplace hazards by the date indicated on the citation and must certify that these hazards have been reduced or eliminated.
- You have the right to copies of your medical records or records of your exposure to toxic and harmful substances or conditions.
- Your employer must post this notice in your workplace.
- You must comply with all OSHA standards issued under the OSHA Act that apply to your own actions and conduct on the job.

### Employers:

- Employers must furnish your employees a place of employment free from recognized hazards.
- Employers must comply with the OSHA standards issued under the OSHA Act.

The Occupational Safety and Health Act of 1970 (OSHA Act), P.L. 91-566, assures safe and healthful working conditions for working men and women throughout the Nation. The Occupational Safety and Health Administration, in the U.S. Department of Labor, has the primary responsibility for administering the OSHA Act. The rights listed here may vary depending on the particular circumstances. To file a complaint, report an emergency, or seek free OSHA advice and assistance, call 1-877-610-6742 or (505) 476-8700 or email at [Complaints.OSHA@env.nm.gov](mailto:Complaints.OSHA@env.nm.gov). Our fax number is (505) 476-8734. For information or assistance relative to the State Occupational Health & Safety program, please refer to address to the left side of poster.

*The Federal Occupational Safety and Health Administration monitors the operation of the state program to assure its continued effectiveness. Anyone wishing to register a complaint concerning the administration of the New Mexico Occupational Health and Safety Program may do so by contacting U.S. Department of Labor, Occupational Safety and Health Administration, 525 Griffin Street, Room 602, Dallas, Texas 75202 or (972) 850-4145.*

## PÓSTER SOBRE LA SALUD Y SEGURIDAD EN EL TRABAJO EN NUEVO MÉXICO

Tienes Derechos en tu Lugar de Trabajo Saludable y Seguro

## ¡ES LA LEY!

### Empleados:

- Tiene derecho a notificar a su empleador o a OSHA sobre los peligros en el lugar de trabajo. Usted puede pedir a OSHA que mantenga su nombre confidencial.
- Tiene el derecho a solicitar una inspección de OSHA de Nuevo México si cree que existen condiciones inseguras o insalubres en su lugar de trabajo. Usted o su representante pueden participar en la inspección.
- Puede presentar una queja ante OSHA de Nuevo México dentro de los 30 días siguientes a la discriminación por parte de su empleador por presentar quejas de seguridad y salud o por ejercer sus derechos bajo la Ley de Salud y Seguridad Ocupacional de Nuevo México.
- Tiene derecho a ver las citaciones de OSHA emitidas a su empleador. Su empleador debe publicar las citaciones en el lugar o cerca del lugar de la supuesta violación.
- Su empleador debe corregir los peligros en el lugar de trabajo a más tardar hasta la fecha indicada en la citación y debe certificar que estos peligros han sido reducidos o eliminados.
- Tiene derecho a obtener copias de su historial médico o de los registros de su exposición a sustancias o condiciones tóxicas y nocivas.
- Su empleador debe publicar este aviso en su lugar de trabajo.
- Debe cumplir con todas las estándares de OSHA emitidos bajo la Ley OSHA que se aplican a sus propias acciones y conducta en el trabajo.

### Empleadores:

- Los empleadores deben proporcionar a sus empleados un lugar de trabajo libre de peligros reconocidos.
- Los empleadores deben cumplir con los estándares de OSHA emitidos bajo la Ley de OSHA.

La Ley de Seguridad y Salud Ocupacional de 1970 (OSHA Act), P.L. 91-566, asegura unas condiciones de trabajo seguras y saludables para los trabajadores y trabajadoras de todo el país. La Administración de Seguridad y Salud Ocupacional, en el Departamento de Trabajo de los Estados Unidos, tiene la responsabilidad principal de administrar la Ley OSHA. Los derechos enumerados aquí pueden variar según las circunstancias particulares. Para presentar un reclamo, informar sobre una emergencia o pedir consejos y asistencia gratis de la OSHA, llame 1-877-610-6742 or (505) 476-8700 or email [Complaints.OSHA@env.nm.gov](mailto:Complaints.OSHA@env.nm.gov). Número de fax: (505) 476-8734.

*La Administración Federal de Salud y Seguridad Ocupacional monitorea el funcionamiento del programa estatal para asegurar su continua eficacia. Cualquier persona que desee registrar una queja relativa a la administración del Programa de Salud y Seguridad Ocupacional de Nuevo México puede hacerlo comunicándose con el Departamento de Trabajo de los Estados Unidos, Administración de Salud y Seguridad Ocupacional, 525 Griffin Street, Room 602, Dallas, Texas 75202, teléfono (972) 850-4145.*

**NM-OSHA - The Best Resource for Health and Safety**  
El mejor recurso para la salud y la seguridad



Revisión 2023

# Naughty New Mexico Directory Guide Job

**R Barnett**



## **Naughty New Mexico Directory Guide Job:**

## Unveiling the Power of Verbal Beauty: An Psychological Sojourn through **Naughty New Mexico Directory Guide Job**

In a world inundated with displays and the cacophony of quick interaction, the profound energy and psychological resonance of verbal art usually diminish in to obscurity, eclipsed by the regular onslaught of noise and distractions. However, situated within the lyrical pages of **Naughty New Mexico Directory Guide Job**, a interesting function of fictional beauty that impulses with fresh feelings, lies an memorable trip waiting to be embarked upon. Composed by way of a virtuoso wordsmith, that interesting opus manuals viewers on a mental odyssey, softly exposing the latent potential and profound impact stuck within the complex web of language. Within the heart-wrenching expanse of the evocative evaluation, we will embark upon an introspective exploration of the book is central subjects, dissect their interesting publishing model, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

<https://www.splashdogs.com/results/publication/default.aspx/Kawasaki%20Kdx%20125%20Manual%20199.pdf>

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### **Naughty New Mexico Directory Guide Job Introduction**

In this digital age, the convenience of accessing information at our fingertips has become a necessity. Whether its research papers, eBooks, or user manuals, PDF files have become the preferred format for sharing and reading documents. However, the cost associated with purchasing PDF files can sometimes be a barrier for many individuals and organizations. Thankfully, there are numerous websites and platforms that allow users to download free PDF files legally. In this article, we will explore some of the best platforms to download free PDFs. One of the most popular platforms to download free PDF files is Project Gutenberg. This online library offers over 60,000 free eBooks that are in the public domain. From classic literature to historical documents, Project Gutenberg provides a wide range of PDF files that can be downloaded and enjoyed on various devices. The website is user-friendly and allows users to search for specific titles or browse through different categories. Another reliable platform for downloading Naughty New Mexico Directory Guide Job free PDF files is Open Library. With its vast collection of over 1 million eBooks, Open Library has something for every reader. The website offers a seamless experience by providing options to borrow or download PDF files. Users simply need to create a free account to access this treasure trove of knowledge. Open Library also allows users to contribute by uploading and sharing their own PDF files, making it a collaborative platform for book enthusiasts. For those interested in academic resources, there are websites dedicated to providing free PDFs of research papers and scientific articles. One such website is Academia.edu, which allows researchers and scholars to share their work with a global audience. Users can download PDF files of research papers, theses, and dissertations covering a wide range of subjects. Academia.edu also provides a platform for discussions and networking within the academic community. When it comes to downloading Naughty New Mexico Directory Guide Job free PDF files of magazines, brochures, and catalogs, Issuu is a popular choice. This digital publishing platform hosts a vast collection of publications from around the world. Users can search for specific titles or explore various categories and genres. Issuu offers a seamless reading experience with its user-friendly interface and allows users to download PDF files for offline reading. Apart from dedicated platforms, search engines also play a crucial role in finding free PDF files. Google, for

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web aug 25 2023 section h of the pacific crest trail covers 147 5 miles from the bridge of the gods in the columbia river gorge near the oregon washington border to white pass near mount rainier in central washington this portion of the trail skirts the base of mount adams and ambles across goat rocks wilderness ending just south of the crown jewel

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web this may be the best 4 5 day pacific crest trail section hike that i ve found thus far this route follows the goldmyer hot spring trail a pct alternate route 26 6 mi 42 8 km north from snoqualmie pass to the dutch miller gap trail 1362 pct junction pct 2425 2 3 045 ft 928 m

*pacific crest trail section profile washington the trek* - Jun 14 2023

web aug 14 2019 512 miles 111 000 feet of elevation gain and 107 450 feet of elevation loss and you thought the sierra were hard due to the south to north trend of hiking the pacific crest trail washington seldom gets the praise it s due as hikers hurry to get through before the winter storms

**eugene author shares stories from his multi year adventure on** - Mar 31 2022

web sep 9 2023 in 1959 washington ranchers don and june mulford decided to try what everybody said couldn t be done ride the entire length of the 2 400 mile pacific crest trail from mexico to canada in one year

*pacific crest trail pct section h washington trails association* - Mar 11 2023

web offering spectacular views of the three southern volcanoes in washington lakes meadows and wildlife over relatively moderate terrain section h is the perfect starting point for the washington portion of the pacific crest trail

**washington pacific crest trail association** - Dec 08 2022

web the washington section of the trail has several high passes and ridges lakeview ridge elev 7 126 is the highest and is located only eight miles before the canadian border a number of alaskan and canadian plants including alaska cedar and grand fir

**pacific crest trail home us forest service** - Dec 28 2021

web the trail begins this section with a lengthy climb out of the columbia river gorge and eventually reaches the crest near the indian heaven wilderness a lake blessed land abounding with huckleberries next it rounds the base of mammoth mt adams elev 12 276 just north is the rugged dramatic goat rocks wilderness similar to the

**pacific crest trail pct section j washington trails association** - Sep 05 2022

web crossing through the stunning alpine lakes wilderness this section is a must do for serious washington backpackers this 75 mile section leads through some of the most beautiful remote and varied surroundings along the pct continue reading ridges passes wildlife lakes rivers wildflowers meadows mountain views established campsites old

[pacific crest trail pct bridge of the gods to road 23](#) - Jul 03 2022

web this section hike is a great way to get a taste of the pacific crest trail over the course of a week or long weekend starting from the columbia river gorge you ll begin your trek with a long initial climb through lush green forest aptly named the green tunnel before turning back east weaving in and out of the gifford pinchot national

[discover the trail pacific crest trail association](#) - Oct 06 2022

web day and section hiking find day weekend and longer trips on the pct thru hiking and long distance hiking the source for pacific crest trail thru hiking and long distance hiking information equestrian center saddle up for the ride of your life the pacific crest trail is the world s greatest ride backcountry basics

*[pacific crest trail map washington trails association](#)* - May 13 2023

web crossing california oregon and culminating in washington the pacific crest trail often shortened to pct stretches from mexico to canada roughly following the high mountain ridges of the three westernmost states each year many hikers embark on a journey on the entire length of the pct

[blowout mountain manastash ridge pacific crest trail pct section](#) - Jun 02 2022

web jul 14 2023 dog jog 12 mi lollipop route circumnavigates blowout mountain with an out and back in the pct section i between mm35 and mm31 it includes 8 miles of the ccc100 route happening next weekend 07 22 an unmarked trail maintained better than the pct portions of manastash ridge trail and other singletrack orv trails

**[hiking the pacific crest trail washington trails association](#)** - Jul 15 2023

web many more utilize the trail for day hikes or overnight backpacking trips in one section crossing california oregon and culminating in washington the pacific crest trail often shortened to pct stretches from mexico to canada roughly following the high mountain ridges of the three westernmost states