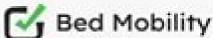
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Rolling Moving up the bed Lying to Sitting

Transfers & Walking

Sit to Stand Walking Pushing a Wheelchair / Care Chair Navigating Stairs

Lifters

Stand Up Lifter Stand Aids Full Sling Hoist

Car Transfers

Car Transfers
Bus Transfers
Getting Equipment in / out of a car

Transfers from the floor

Getting up off the flor (through kneeling) Getting up off the floor (with a hoist)

Behaviours of Concern

Personal Care

Dressing & Undressing Showering Toileting Grooming

😽 Domestic Assistance

Vacuuming Mopping Making a bed Laundry Cleaning General Lift & Carry techniques

Commercial Laundry

Loading & Unloading machines
Pushing a Trolley
Folding
General Lift & Carry techniques

Kitchen & Dining

Baine Marie's
Delivering and Collecting Plates
Commercial Dishwashers
General Lift and Carry Techniques
Storage in Pantries and Cupboards
Pushing a Trolley
Using Brooms



Manual Handling Aged Care Training Package

RJ Alexander

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