

SPECIMEN COLLECTION GUIDELINES

Specimen collection is the first stage of communication between the patient and the laboratory. Hence, from this stage we need to follow guidelines for proper sampling.

General guidelines:

- Trained technician should be recruited for specimen collection.
- Specimen collection can be done in the laboratory / at the patient's bedside.
- Appropriate counseling should be given to the patient before specimen collection.
- Doctors, nurses and others health care members who were involved in specimen collection should also trained periodically.
- Laboratory should have a "specimen collection manual", and it should contain
 - ✓ How to prepare the patient before specimen collection.
 - ✓ Exact method of specimen collection, labeling, handling, storage and transportation.

Precautions:

- Avoid prolonged venous stasis during blood collection.
- Specimen should reach the laboratory within 2 hrs.
- Day light can destroy bilirubin, so keep the sample in dark place.
- Samples for calcium estimation should be collect in "glass test tube" (calcium is absorbed rapidly on to the polystyrene containers)
- Sample for ABG (arterial blood gas) analysis and pH should be collect with heparinized syringe and bend the needle (to prevent blood come in contact with air)

Laoratory Specimen Collection Manual

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Laoratory Specimen Collection Manual:

Decoding **Laoratory Specimen Collection Manual**: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Laoratory Specimen Collection Manual**," a mesmerizing literary creation penned by way of a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring effect on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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