

46. Risky behaviour	0.61	0.04	0.05
48. Ignored problem	0.58	0.11	−0.25
51. Self-blame for problem	0.51	−0.12	0.16
53. Took stress-reducing medications	0.61	−0.10	0.20
56. Physical distancing	0.80	−0.06	−0.13
58. Wishful thinking	0.49	0.01	0.04
Positive emotion-focussed coping			
37. Hardiness attitude	0.14	0.48	0.07
39. Used humour	0.11	0.49	0.04
50. Optimistic thinking	−0.05	0.82	0.05
54. Refocus on good side	−0.02	0.76	−0.03
Problem-focussed coping			
15. Discussed problem with professional	−0.04	−0.07	0.66

Jalowiec Coping Scale And Lazarus

RC Schank



Jalowiec Coping Scale And Lazarus:

Reviewing **Jalowiec Coping Scale And Lazarus**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is actually astonishing. Within the pages of "**Jalowiec Coping Scale And Lazarus**," an enthralling opus penned by a very acclaimed wordsmith, readers embark on an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve in to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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