

# ALGORITHM FOR MANAGEMENT OF ACUTE SEVERE ASTHMA IN ADOLESCENTS AND ADULTS (PRIMARY CARE, AFTERHOURS, OR ED)

IMMEDIATELY

15-60 MIN

1-2 HRS

## ASSESS SEVERITY

### MILD/MODERATE: FEV<sub>1</sub> or PEF >50%

- Give 6 x 100 µg salbutamol via MDI and spacer

### SEVERE: FEV<sub>1</sub> or PEF 30-50%

- Give 6 x 100 µg salbutamol via MDI and spacer
- OR
- Salbutamol 2.5 mg via nebulisation
- Prednisone 40 mg
- Oxygen if required to keep sat% >92%

### LIFE-THREATENING: FEV<sub>1</sub> or PEF <30%

- Give continuous salbutamol via nebulisation
- Ipratropium bromide 500 µg via nebulisation
- IV hydrocortisone 100 mg OR prednisone 40 mg
- Oxygen if required to keep sat% >92%
- If anaphylaxis is present, give IM adrenaline

## REASSESS

### FEV<sub>1</sub> or PEF >70%

- Consider oral prednisone 40 mg, if not given above

## DISCHARGE

- Once pre-discharge conditions are met

### FEV<sub>1</sub> or PEF 50 - 70%

- Give prednisone 40 mg, if not given above
- Repeat salbutamol 6x100 µg via MDI and spacer

### FEV<sub>1</sub> or PEF <50%

- Give 6 x 100 µg salbutamol via MDI and spacer, or salbutamol 2.5 mg via nebulisation, up to 3 times over 1st hour
- Ipratropium bromide 6x20 µg via MDI and spacer, or 500 µg via nebulisation
- Oxygen if required to keep sat% 92-96%

## REASSESS

### STABLE

- No signs of severe asthma and FEV<sub>1</sub> or PEF >70%

## DISCHARGE

- Once pre-discharge conditions are met

### UNSTABLE

- Signs of severe asthma or FEV<sub>1</sub> or PEF < 50-70%

## ADMIT

- Transfer by ambulance, and admit to hospital

## ARRANGE URGENT TRANSFER TO HOSPITAL BY AMBULANCE

- All patients will require hospital admission

## REFER TO ICU/HDU

- Give salbutamol 2.5 mg via nebulisation, frequency determined by response, up to continuously
- IV hydrocortisone 100mg 6-hourly or prednisone 40mg daily
- Ipratropium bromide 500 µg via nebulisation, up to hourly
- Consider IV magnesium sulphate 1.2-2.0g over 20 min
- Oxygen if required to keep sat% 92-96%
- Investigations include ABG, CXR, U & E

## Note on FEV<sub>1</sub> and PEF

For practical purposes, the FEV<sub>1</sub> and PEF are considered interchangeable when expressed as % predicted for the purpose of assessment of acute asthma severity.

# Latest Report On Asthma

**Rachel Sandford**



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