Health is mostly about function, not disease or death.

Key aspects of function, by dimension of health



Physical

- physical energy/vitality
- absence of pain
- senses (sight, hearing, smell, taste, touch)
- movement
- sexual function
- continence



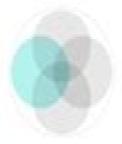
Mental

- mental energy/stamina.
- cognition (memory, problem solving)
- resilience
- · coping
- positivity
- agency



Social

- ability to create and maintain healthy relationships
- ability to participate actively in a community
- · empathy
- self-awareness



Spiritual

- · meaning and purpose
- centeredness
- healthy sense of self/ identity
- hopefulness
- gratitude
- appreciation of beauty

Note: Grounded in the World Health Organization's (WHO's) definition of health: "A state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity"; Constitution of the World Health Organization, WHO, 1948.

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The Oxford Handbook of Health Care Management Ewan Ferlie, Kathleen Montgomery, Anne Reff Pedersen, 2016-04-07 This Handbook provides an authoritative overview of current issues and debates in the field of health care management. It contains over twenty chapters from well known and eminent academic authors who were carefully selected for their expertise and asked to provide a broad and critical overview of developments in their particular topic area. The development of an international perspective and body of knowledge is a key feature of the book. The Handbook secondly makes a case for bringing back a social science perspective into the study of the field of health care management. It therefore contains a number of contrasting and theoretically orientated chapters e.g. on institutionalism critical management studies. This social science based approach is a refreshing alternative to much existing work in this domain and offers a good way into current academic debates in this field. The Handbook thirdly explores a variety of important policy and organizational developments apparent within the current health care field e.g. new organizational forms growth of management consulting in health care organizations. It therefore explores and comments on major contemporary trends apparent in the practice field.

Sustainable Healthcare Systems in Africa Wasswa Shafik, Adel Ben Youssef, Chithirai Pon Selvan, Pushan Kumar Dutta, 2025-11-11 This book encompasses the development implementation and maintenance of socially environmentally and economically sustainable healthcare systems in Africa amidst the increasing utilization of disruptive technologies This involves integrating technology adopting sustainable practices and effectively managing resources to ensure the long term viability of healthcare services Sustainable Healthcare Systems in Africa Technologies Practices and Management addresses the unique challenges that Africa faces in the healthcare sector and meets the urgent need for detailed healthcare services that consider environmental social and economic sustainability It tackles current challenges and opportunities offering valuable insights that are relevant to the evolving healthcare landscape By presenting practical examples and a solid understanding of sustainable healthcare practices this book provides actionable guidance for healthcare professionals policymakers and other stakeholders Taking a multidisciplinary approach that considers innovation techniques and management as a whole this book recognizes the interconnected nature of these elements and offers a more holistic perspective on building and maintaining sustainable healthcare systems The insights provided in this book will empower healthcare professionals policymakers and other stakeholders with the knowledge and tools necessary to drive positive change It serves as a roadmap for decision makers looking to implement lasting and impactful improvements in healthcare delivery throughout the continent The New Health Age David Houle, Jonathan Fleece, 2011-12-01 We live in a transformational time in the history of medicine and health care The twenty first century will be a time of dramatic change incredible breakthroughs and totally altered thinking about health medicine and health care delivery This book sets forth what health care and medicine will look like in the years ahead It takes a look at history the transformational changes going

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Journal of the Irish Medical Association ,1973 Social Security and Medicare Sheila Burke, Eric Kingson, Uwe Reinhardt, 2000 Contains 11 papers which discuss inter alia the implications of shifting from systems based on collective risk and responsibility to those based on more individual risk and responsibility individual accounts for retirement savings and investment decision making and public opinion regarding social security reform A Disease-based Comparison of Health Systems Organisation for Economic Co-operation and Development, 2003 This volume contains papers presented at a workshop held in June 2002 on issues related to the study of ageing related diseases The OECD Ageing Related Disease study investigated how health systems treat three diseases ischaemic heart disease stroke and breast cancer Also a number of key questions were addressed Such as what approach to treating certain ageing related diseases works best and at what cost and what combination of health care system combining prevention detection technology and treatment is the most cost effective A comparison was made between the approaches of different countries BNA Pension & Benefits Reporter ,2009

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