

# **MIGRAINES**

NATHALIE  
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**POUR LES SOULAGER**

# Mettez Un Veto Agrave Vos Migraines

**Angela Amaé**



## **Mettez Un Veto Agrave Vos Migraines:**

**Mettez un Veto à Vos Migraines** Angela Amaé, 2013-04-15 Vous souvenez vous de ce sentiment d'impuissance lorsque l'ouragan frappe sous votre crâne ? De cette douleur qui vous pousse à vous isoler de vos amis, ne subissez plus vos crises de migraines. Vous trouverez dans ce livre des réponses simples pour vous aider à comprendre pourquoi la migraine est considérée comme une maladie de femme, les risques qu'elle peut entraîner sur le long terme, ou encore quels sont les aliments à éviter. Le Botox est un anti-rides très connu et reconnu, mais savez-vous quel est son impact sur la migraine ? Les plantes ou les huiles essentielles sont de très bons remèdes naturels et vous apprendrez lesquelles utiliser pour réduire l'intensité et la fréquence de vos crises migraineuses, mais aussi quelles doses en consommer.

Discover tales of courage and bravery in is empowering ebook, Unleash Courage in **Mettez Un Veto Agrave Vos Migraines** . In a downloadable PDF format ( \*), this collection inspires and motivates. Download now to witness the indomitable spirit of those who dared to be brave.

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