

Lab Report – Skeletal Muscle

In science, reporting what has been done in a laboratory setting is incredibly important for communicating, replicating, and validating findings. However, writing scientific reports can be a little overwhelming. There are a set of agreed upon components that the scientific community requires when reporting scientific research. Answer the following questions to describe what occurred during the lab you conducted in Labster. Be sure to use complete sentences and descriptions that fully represent what you experienced. Writing a lab report is less about being correct or incorrect, than it is accurately reporting what happened and why. So, do not worry about reporting data that might seem counterintuitive or unexpected. Focus on clearly communicating what you did and what you observed.

Enter your responses on a new line.

Title

1. What was the title of the lab you completed?

The Skeletal Muscle Lab

Topic

2. What was the subject you were trying to understand better in the lab?

I was learning more in-depth information on the muscles we use to walk and run.

Background Information

3. What information from the textbook and classroom is relevant for the subject you were learning about in the lab? Identify the concepts and explain how they are related to the lab topic.

In order to understand many aspects of this lab, we need a good understanding of muscle tissues. During contraction, muscle cells can shorten, which generates a pulling force. As a result of this contraction, the bones move. Skeletal muscle fibers cause bone motion, maintain posture, stabilize bones, control internal movement, and generate heat. Muscle fiber types are also discussed in the book. The three mechanisms of ATP regeneration are anaerobic glycolysis, aerobic metabolism, and creatine phosphate. The three types of muscle fibers are slow oxidative, fast oxidative and fast glycolytic. A slow oxidative fiber uses aerobic metabolism to produce high power contractions with little fatigue over an extended period. A fast oxidative fiber utilizes aerobic metabolism to produce ATP but produces a higher tension contraction than a slow oxidative fiber. Lastly, fast glycolytic fibers use anaerobic metabolism to produce more high-tension contractions but fatigue quickly.

Labratory Report 18 Skeletal Muscle Structure

Marco Cascella



Labratory Report 18 Skeletal Muscle Structure:

Laboratory Manual for Hole's Human Anatomy and Physiology PHILLIP. MARTIN SNIDER (TERRY.),2021 *Laboratory Manual to Accompany Human Anatomy and Physiology* John W. Hole,1984 *Anatomy & Physiology Laboratory Manual and E-Labs E-Book* Kevin T. Patton,2018-01-24 Using an approach that is geared toward developing solid logical habits in dissection and identification the Laboratory Manual for Anatomy and coloring exercises offer a kinesthetic experience useful in retention of content User friendly spiral binding allows for hands free viewing in the lab setting Step by step dissection instructions with accompanying illustrations and photos cover anatomical models and fresh or preserved specimens and provide needed guidance during dissection labs The dissection of tissues organs and entire organisms clarifies anatomical and functional relationships 250 illustrations including common histology slides and depictions of proper procedures accentuate the lab manual s usefulness by providing clear visuals and guidance Easy to evaluate tear out Lab Reports contain checklists drawing exercises and questions that help you demonstrate your understanding of the labs you have participated in They also allow instructors to efficiently check student progress or assign grades Learning objectives presented at the beginning of each exercise offer a straightforward framework for learning Content and concept review questions throughout the manual provide tools for you to reinforce and apply knowledge of anatomy and function Complete lists of materials for each exercise give you and your instructor a thorough checklist for planning and setting up laboratory activities allowing for easy and efficient preparation Modern anatomical imaging techniques such as computed tomography CT magnetic resonance imaging MRI and ultrasonography are introduced where appropriate to give future health professionals a taste for and awareness of how new technologies are changing and shaping health care Boxed hints throughout provide you with special tips on handling specimens using equipment and managing lab activities Evolve site includes activities and features for students as well as resources for instructors *Part - Anatomy & Physiology Laboratory Manual - E-Book* Kevin T Patton, PhD,2014-12-02 Effectively master various physiology dissection identification and anatomic explorations in the laboratory setting with the *Anatomy Physiology Laboratory Manual* 9th Edition This practical full color lab manual contains 55 different A P lab exercises that cover labeling anatomy identification dissection physiological experiments computerized experiments and more The manual also includes safety tips a comprehensive instruction and preparation guide for the laboratory and tear out worksheets for each of the 55 exercises In addition 8 e Lab modules offer authentic 3D lab experiences online for virtual lab instruction 8 interactive eLabs further your laboratory experience in the digital environment Complete list of materials for each exercise offers a thorough checklist for planning and setting up laboratory activities Over 250 illustrations depict proper procedures and common histology slides Step by step guidance for dissection of anatomical models and fresh or preserved specimens with accompanying illustrations helps you become acclimated to the lab environment Physiology experiments centering on functional processes of the human body offer immediate and exciting examples of physiological

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