



**S** 5.5 to 6  
14 to 15.5



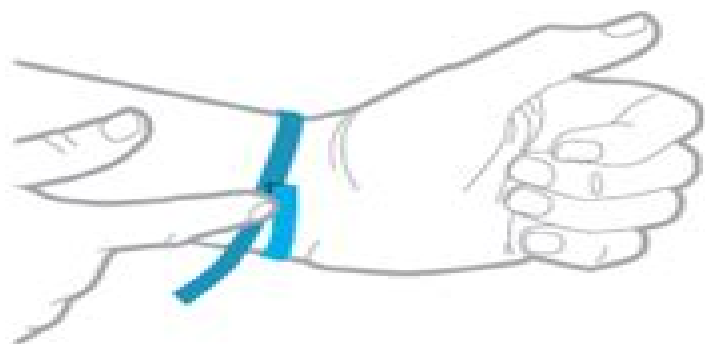
**M** 6 to 7  
15.5 to 18



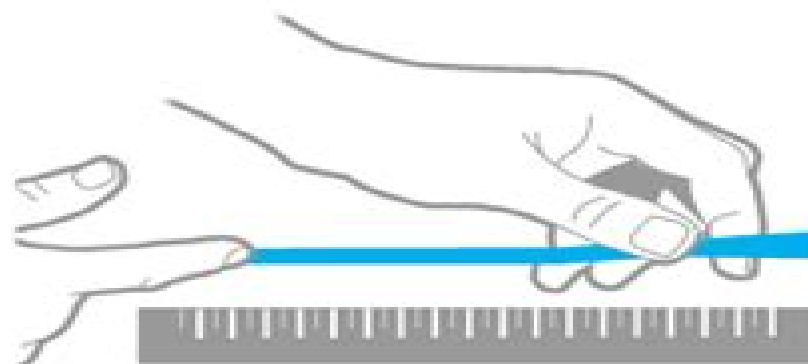
**L** 7 to 8  
18 to 20

inches  
cm

## Find Your Size



Wrap a string snugly around your wrist. Mark the string where the two ends cross.



Measure the string from one end to the marked place. See the size guide above to determine which UP Band is right for you.

# Jawbone Size Guide

**Hussin A.Rothana**



## **Jawbone Size Guide:**

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web equipment body only 1 arm handstand begin in a free handstand with your legs straddled wide shift some weight to your right arm and take your left hand off the ground as you shift onto your right arm don t think hips over arm think working side s leg down this will automatically will raise your opposite leg



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