

The Muscular System

6 page study note

Axial Muscles

MUSCLES OF THE THORAX

External intercostal
 - lies deep, posterior to external intercostal
 - flexes ribs posteriorly & inferiorly
 - inspiration

Internal intercostal
 - most superficial intercostal muscle
 - flexes ribs anteriorly & inferiorly
 - expiring between ribs
 - rib inspiration

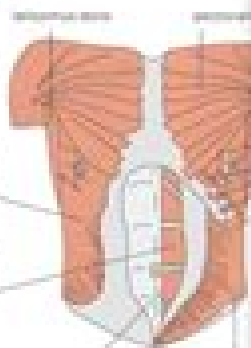


MUSCLES OF THE ABDOMEN

External oblique
 - most superficial of anterolateral abdominal wall
 - flexes ribs anteriorly & inferiorly
 - lateral flexion
 - flexes vertebral column & compresses abdominal wall used in forced expiration

Internal oblique
 - deep to external oblique
 - flexes ribs posteriorly & inferiorly
 - lateral flexion
 - flexes vertebral column & rotates around vertebral column

Transverse abdominis
 - lies on either side of linea alba
 - separated by aponeurotic transverse
 - functions to flex trunk & aids in forced expiration



Rectus abdominis
 - line of connective tissue down middle of abdomen for muscle attachment
 - flexes trunk

Axial Muscles

Levator palmarum
 - elevates hand
 - flexes wrist

Levator palmarum
 - elevates hand
 - flexes wrist

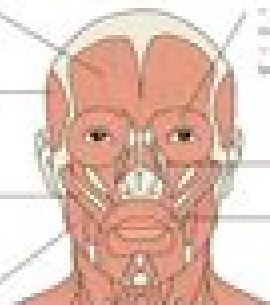
Levator palmarum
 - elevates hand
 - flexes wrist

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Levator palmarum
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FACIAL & NECK MUSCLES

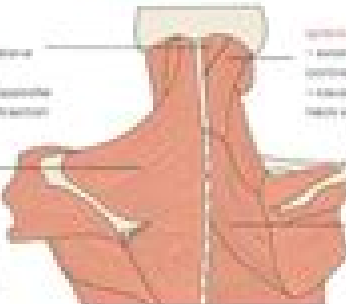


Levator palmarum
 - elevates hand
 - flexes wrist

Levator palmarum
 - elevates hand
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Levator palmarum
 - elevates hand
 - flexes wrist

NECK & BACK MUSCLES



Levator palmarum
 - elevates hand
 - flexes wrist

Levator palmarum
 - elevates hand
 - flexes wrist

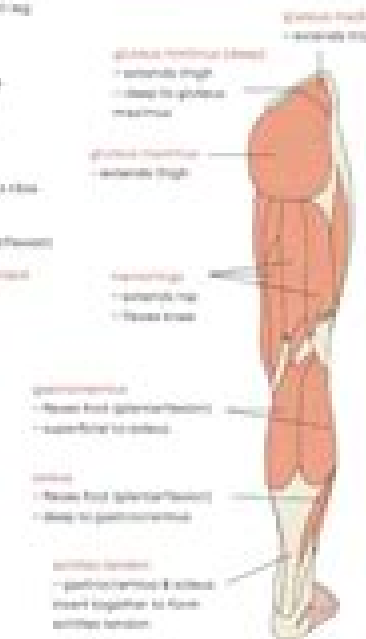
Levator palmarum
 - elevates hand
 - flexes wrist

Lower Limb Muscles

Quick notes:

In correct anatomical terms, "leg" only refers to the region of the lower limb below the knee, while "thigh" refers to the region from the knee to the hip.

POSTERIOR THIGH & LEG MUSCLES



Levator palmarum
 - elevates hand
 - flexes wrist

Muscular System Study Guide

Evelyn Biluk



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