

GEOMETRIC DIMENSIONING

FACTS TO REMEMBER

• **Control:** *Antibiotics* (antibiotic resistance), *antiviral* (HIV), *antifolate* (folic acid deficiency), *anticoagulant* (blood clotting), *antidiabetic* (diabetes), *antihypertensive* (blood pressure), *antiparasitic* (parasites), *antitumor* (cancer), *antiviral* (HIV), *antifolate* (folic acid deficiency), *anticoagulant* (blood clotting), *antidiabetic* (diabetes), *antihypertensive* (blood pressure), *antiparasitic* (parasites), *antitumor* (cancer).

Abstract—This study examined the effectiveness of a 10-week, 12-session, group-based, self-management program for people with type 2 diabetes. The program was designed to improve self-management skills, health-related quality of life, and clinical outcomes. The program was evaluated using a randomized controlled trial design. The program was evaluated using a randomized controlled trial design. The program was evaluated using a randomized controlled trial design.

and 2. ... when planning a trip, you should consider the fact that the weather can be very unpredictable. It is important to check the weather forecast before you go. This will help you to pack the right clothes and to decide whether you should go or not. If the weather is bad, you can always cancel your trip. However, if the weather is good, you can enjoy your trip to the fullest. So, always check the weather forecast before you go. This will help you to plan your trip better and to enjoy it more.

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Abstract The purpose of this study was to determine the effect of a 12-week, low-intensity, supervised walking program on the physical and psychological health of sedentary, middle-aged women. The study was a randomized, controlled trial. The intervention group (n = 20) participated in a 12-week walking program, while the control group (n = 20) remained sedentary. The walking program was designed to be low-intensity, with a target heart rate of 110-120 beats per minute. The program was supervised by a certified walking instructor. The study was conducted in a community setting. The results of the study showed that the walking program had a positive effect on the physical and psychological health of the women. The walking program resulted in a significant increase in physical activity, a decrease in body mass index, and a decrease in anxiety and depression. The walking program also resulted in a significant increase in self-esteem and a decrease in stress. The results of the study suggest that a 12-week, low-intensity, supervised walking program can be an effective intervention for improving the physical and psychological health of sedentary, middle-aged women.

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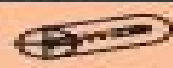
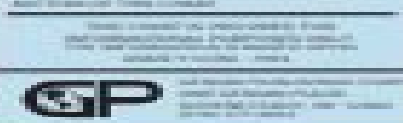
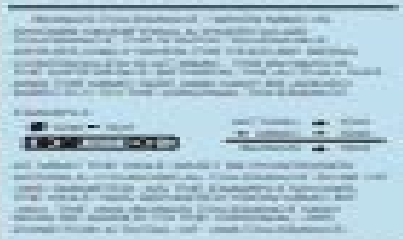
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International Scientific and Technical Conference Integrated Computer Technologies in Mechanical Engineering Synergetic Engineering ICTM was established by National Aerospace University Kharkiv Aviation Institute The Conference ICTM 2022 was held in Kharkiv Ukraine during November 18 20 2022 During this conference technical exchanges between the research community were carried out in the forms of keynote speeches panel discussions as well as special session In addition participants were treated to a series of receptions which forge collaborations among fellow researchers ICTM 2022 received 137 papers submissions from different countries All of these offer us plenty of valuable information and would be of great benefit to experience exchange among scientists in modeling and simulation The organizers of ICTM 2022 made great efforts to ensure the success of this conference We hereby would like to thank all the members of ICTM 2022 Advisory Committee for their guidance and advice the members of program committee and organizing committee and the referees for their effort in reviewing and soliciting the papers and all authors for their contribution to the formation of a common intellectual environment for solving relevant scientific problems Also we grateful to Springer Janusz Kacprzyk and Thomas Ditzinger as the editor responsible for the series Lecture Notes in Networks and Systems for their great support in publishing these selected papers

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