



# J Alexanders Chicken Salad Recipe

**American Dietetic Association**



## **J Alexanders Chicken Salad Recipe:**

**The Compu-mark Directory of U.S. Trademarks ,1988      **Journal of the American Dietetic Association****

American Dietetic Association,1925      Chicken Salad Recipes Jr Stevens,2019-05-20 I just love chicken salad While chicken salad can be any salad with chicken as a main ingredient creativity is limitless Chicken salad can use many other common ingredients include mayonnaise hard boiled egg celery onion pepper pickles and a variety of mustards but to get that just right texture and flavor you get the wow factor Discover more than 50 different chicken salad recipes influenced by cultures from around the world But don t stop here make your own adjustments and create your own family favorite There are many ways to make chicken salad and this cookbook is full of delicious mouth watering recipes for you to try Here are a few that are included in this book Almond Poppy Seed Chicken Salad Asian Chicken Salad Avocado Chicken Salad Cajun Chicken Salad Cantaloupe Chicken Salad California Chicken Salad Cashew Chicken Salad Cha Cha Chicken Salad Chicken Salad Casserole Chicken Salad With Grapes And Pecans Chicken Salad With Herbed Mayonnaise Chicken Salad With Mango And Apple Chik Fil A Copycat Chicken Salad Chipotle Copycat Chicken Salad CPK Copycat Bbq Chicken Salad Chutney Chicken Salad Creamy Chicken Horseradish Salad Curried Chicken Salad French Chicken Salad Fried Chicken Salad Hot Chicken Salad Italian Chicken Salad Korean Chicken Salad Lemon Tarragon Chicken Salad Lowcountry Chicken Salad Mediterranean Chicken Salad Middle Eastern Chicken Salad Moroccan Chicken Salad New York Times Copycat Chicken Salad Sonoma Chicken Salad Whole Foods Pesto Chicken Salad Recipe Popcorn Chicken Salad Rainbow Chicken Salad Southern Chicken Salad Spicy Peanut Chicken Salad Tex Mex Chicken Salad Thai Chicken Salad Tzatziki Chicken Salad Grab your copy of Chicken Salad Recipes now      200 Chicken Salad Recipes Tatiana Soto,2020-07-16 I m a MEAT LOVER And SO ARE YOU Read this book for FREE on the Kindle Unlimited NOW Nope I m not sharing a secret Rather I m letting everyone know that I m so proud of it Either my caveman good looks or Midwestern background developed my love for meat and poultry As far as I can recall the best meals I ve had are all meat based Meat and Poultry dishes always fill my heart with happiness especially a platter of tender and juicy braised chicken thighs and kale with crunchy breadcrumb toppings and my grandma s filling Bolognese a delicious sauce of ground beef with buttered noodles Parmesan cheese and a few acidic tomatoes Can t wait to discover the book 200 Chicken Salad Recipes right now 200 Awesome Chicken Salad Recipes Meat as well as poultry can play the lead role in a meal such as an awesome roast of prime rib served in special gatherings Sometimes it can play the supporting role such as beef studded Southern greens which is the way I eat daily No matter what meat and poultry usually add a special touch to any dish meal or even an entire event You re sure to get several great choices in the book 200 Chicken Salad Recipes whether you re preparing food for a dinner party or just making a weeknight dinner for your family Lastly a few words from one meat lover to another I hope your steaks would always be medium rare yet crusty on the outside your fridge be always stocked up with bacon your potatoes be fried in duck fat and turn out crispy and your sides be fresh

seasonal and bursting with flavors You also see more different types of recipes such as Chopped Salad Cookbook Asian Salad Cookbook Homemade Pasta Cookbook Chicken Breast Recipes Greek Salad Recipe Thai Curry Recipe Gourmet Salad Cookbook DOWNLOAD FREE eBook PDF included FULL of ILLUSTRATIONS for EVERY RECIPES right after conclusion I really hope that each book in the series will be always your best friend in your little kitchen Let s live happily and eat meat and poultry every day Enjoy the book      **250 Special Chicken Salad Recipes** Rosa Chery,2020-11-24 SALAD is NOT a MEAL It is a STYLE Read this book for FREE on the Kindle Unlimited NOW This cookbook 250 Special Chicken Salad Recipes explores a variety of ideas for unique healthy and easy to make salads So let s discover right now 250 Awesome Chicken Salad Recipes The distinct blend of ingredients results not only in rich flavors but also plenty of nutrients for good health All those protein vitamins fiber and other nutrients help regulate metabolism as well as relieve stress and other elements that harm the body My wonderful husband and two children inspired me to write 250 Special Chicken Salad Recipes As a personal wellness and nutrition consultant I traveled to Ukraine and Western Russia the Caucasus and Eastern Europe Being a professional food specialist I began to eagerly gather nuggets of cooking wisdom examine them and use them with success After tying the knot I began to serve various healthy and delicious meals to my family at the dining table No harm has been done to their health So now I m sharing my experience with you beginning with 250 Special Chicken Salad Recipes Here s hoping the salad recipes would inspire you to become healthier You also see more different types of recipes such as Pesto Recipe Black Bean Recipes Soba Noodles Cookbook Macaroni Recipes Grilled Chicken Recipes Teriyaki Cookbook Chipotle Cookbook DOWNLOAD FREE eBook PDF included FULL of ILLUSTRATIONS for EVERY RECIPES right after conclusion I really hope that each book in the series will be always your best friend in your little kitchen Let s live happily and eat salad every day Enjoy the book      *123 Ultimate Chicken Salad Recipes* Rosa Harper,2020-12-08 SALAD is NOT a MEAL It is a STYLE Read this book for FREE on the Kindle Unlimited NOW This cookbook 123 Ultimate Chicken Salad Recipes explores a variety of ideas for unique healthy and easy to make salads So let s discover right now 123 Awesome Chicken Salad Recipes The distinct blend of ingredients results not only in rich flavors but also plenty of nutrients for good health All those protein vitamins fiber and other nutrients help regulate metabolism as well as relieve stress and other elements that harm the body My wonderful husband and two children inspired me to write 123 Ultimate Chicken Salad Recipes As a personal wellness and nutrition consultant I traveled to Ukraine and Western Russia the Caucasus and Eastern Europe Being a professional food specialist I began to eagerly gather nuggets of cooking wisdom examine them and use them with success After tying the knot I began to serve various healthy and delicious meals to my family at the dining table No harm has been done to their health So now I m sharing my experience with you beginning with 123 Ultimate Chicken Salad Recipes Here s hoping the salad recipes would inspire you to become healthier You also see more different types of recipes such as Salad Bowl Cookbook Chicken Parmesan Recipe Wild Rice Recipes Grilled Chicken Recipes Buffalo Chicken Recipe Book Thai Salad Recipe

Bruschetta Cookbook DOWNLOAD FREE eBook PDF included FULL of ILLUSTRATIONS for EVERY RECIPES right after conclusion I really hope that each book in the series will be always your best friend in your little kitchen Let s live happily and eat salad every day Enjoy the book      **Chicken Salad** Barbara Lauterbach,2003-04 The author of Potato Salad is back with 50 of the best recipes for this old time crowd pleaser For potlucks and parties luncheons and lunch boxes chicken salad is the perfect solution for todays busy cook Classics like Waldorf Chicken Salad bursting with fruit walnuts and savory blue cheese and spicy specialties like Curried Chutney Chicken are irresistible and sure to impress at the family reunion And fabulous tips for making basics like homemade mayonnaise and vinaigrette make it that much easier Barbara Lauterbach has fired up her test kitchen bringing the best of todays ingredients and techniques to bear on a tried and true favorite The result is fresher faster and even more delicious plain ole poultry just got a whole new attitude      *Hello! 365 Chicken Salad Recipes* MS Meat,2020-03-03 Eating Meat Can Make You Feel Awesome Read this book for FREE on the Kindle Unlimited NOW DOWNLOAD FREE eBook PDF included ILLUSTRATIONS of 365 Chicken Salad Recipes right after conclusion After a tiring day at work all you want is to take a bite of a flavorful tender steak juicy delicious burger short ribs that are slow cooked to perfection And when you get that opportunity you suddenly feel satisfied and happy Do not hesitate let s open the book Hello 365 Chicken Salad Recipes Best Chicken Salad Cookbook Ever For Beginners with the following part and take random a recipe to make right now 365 Amazing Chicken Salad Recipes I have written Hello 365 Chicken Salad Recipes Best Chicken Salad Cookbook Ever For Beginners and the big series about meat and poultry because I am hoping that you will always grab that chance to be with your loved ones and not remember to have meals together given our very busy life I have divided the series into different topics so you have options on what is suitable for you Beef Sirloin Recipes Bacon Recipes Game Meat Recipes Homemade Pasta Cookbook Asian Salad Cookbook Chopped Salad Cookbook Chicken Breast Recipes Greek Salad Recipe Thai Curry Recipe Gourmet Salad Cookbook Purchase the Print Edition RECEIVE a digital copy FREE via Kindle MatchBook Now you can prepare these mouth watering meat dish easily for your family and with a lot of options you will never worry about variety That means you have more meaningful time to spend with your family Happy eating and let s enjoy these delicious meat recipes with the family      Chicken Salads Carole Lalli,1994 New variations on old favorites accompanied by recommendations for selecting and cooking chicken ideas for basic dressings and serving suggestions

*Famed Chicken Salad Greats* 5star Cooks,2017-03-21 Food is love food is emotion What good is a exclusive recipe book when it does not bring emotion happiness joy and love to your kitchen and dinner table Everything you touch see and smell while cooking moves the soul sparks a memory this inconceivable Chicken Salad exclusive recipe book will make you FEEL that We passionately slipped emotions into every finest Chicken Salad recipe making them quirky stand out and hilarious Read them out LOUD and laugh giggle while you follow their easy ambrosial steps and crave the food you make You ll love this book the indispensable recipes are easy the ingredients are easy to get and they don t take long to make Foodlovers turn

to astonishing Chicken Salad Greats for pretty information and inspiration Everything is in here from the proverbial soup to nuts Blackened Sybaritic Chicken Salad Dissipated Cumin Crusted Plush Chicken Salad Greek Stonking Chicken Salad Goodhearted Chicken Salad Heartwarming Puffs Pimptacular California Chili Jaboo Chicken Salad Elegant Acknowledging Chicken Salad One of a kind Broccoli And Moff Chicken Salad Asian Magical Chicken Salad Bedazzling Custom Cuisine Thai Pongin Pomelo And Topping Chicken Salad and much much more This is a very satisfying book however I would recommend you eat something before you read this book or you won t be able to make it through without reaching for a skillet or saucepan Chicken Salad Greats is funny and packed with more ambrosian information than you could imagine 139 Delicious top of the line recipes covering everything each using ingredients that should be simple to find and are jaw dropping Chicken Salad indulging This smart cookbook offers great value and would make a fabulous gift This soothing book will also give you enough scrumptious inspiration to experiment with different ingredients since you ll find the extensive attractive index to be extremely helpful The fragrant recipes are superb Wonderfully easy to put together and you don t have to make or purchase a ton of ingredients or fancy kitchen gadgets before you have a chance to play with them There s only one pleasure giving word that describes it all Yummy

**The Ultimate Chicken Salad Cookbook** Olivia Rana,2023-09-11 This cookbook has a varied selection of chicken salad recipes from time tested favorites to innovative creations Each recipe has been carefully chosen to highlight how versatile chicken is and how it can turn your everyday meals into mouthwatering feasts for any occasion Discover the secrets to making mouthwatering salads that feature succulent chicken together with crisp veggies fruits and a variety of mouthwatering dressings Whether you are preparing a quick weekday lunch hosting a summer gathering or simply seeking fresh inspiration the cookbook will help you learn how to make amazing chicken salads and take you on a culinary adventure

Chicken Salad Recipes Don Orwell,2020-07-04 How Can You Go Wrong With Superfoods Only Diet FACT Way too many of us live in a state of poor health lethargy and moderate obesity We live with headaches back pain inflammation arthritis high blood pressure high cholesterol diabetes skin problems insomnia and cancer they re all the byproducts of modern western diet based on processed food Superfoods are foods and the medicine and they can help with all these symptoms Superfoods Chicken Salad Recipes book contains 50 Chicken salads created with 100% Superfoods ingredients Most of the meals can be prepared in under 15 minutes Each recipe combines Chicken and other Superfoods ingredients that deliver astonishing amounts of antioxidants essential fatty acids like omega 3 minerals vitamins and more Our Food Should Be Our Medicine And Our Medicine Should Be Our Food Hippocrates 460 370 BC The best thing about Superfoods Diet is that it will keep your appetite and cravings under control and it will balance your hormones It s nearly impossible to lose fat if your hormones are out of balance Superfoods Diet works because it s return to the type of food your body naturally craves and was designed for Whole foods Superfoods is the food humans consumed for literally millions of years Superfoods are nutritionally dense foods that are widely available and which offer tremendous dietary and healing

potential Superfoods diet forbids processed foods hybridized foods gluten foods and high glycemic foods There is nothing super in any of the processed foods or today s hybridized wheat corn soy or potatoes Processed food is the main reason why people suffer from inflammations and why their hormones are out of balance Superfoods Diet is the only diet that doesn t restrict any major type of food It features Healthy Fats Olive Oil Nuts Seeds Coconut Oil Avocado Proteins Salmon Beans Organic Chicken Grass Fed Beef Pork Tenderloin Lentils Non gluten Carbs Fruits Vegetables Oats Brown Rice Quinoa Buckwheat Simple non processed Dairy Greek Yogurt Farmer s Cheese Goat Cheese Antioxidants Garlic Ginger Turmeric Cacao Cinnamon Berries Superfoods are basically nutrients packed foods especially beneficial for health and well being After eating these superior sources of anti oxidants and essential nutrients for only a week or two you will Start losing weight and boost energy Get rid of sugar or junk food cravings Lower your blood sugar and stabilize your insulin level Detox your body from years of eating processed foods Lower your blood pressure and your cholesterol Fix your hormone imbalance and boost immunity Increase your stamina and libido Get rid of inflammations in your body Would You Like To Know More Download and start getting healthier today Scroll to the top of the page and select the buy button      **Chicken Salad Greats** Jo Franks,2012-10 You ll love this book the recipes are easy the ingredients are easy to get and they don t take long to make Foodlovers turn to Chicken Salad Greats for information and inspiration Everything is in here from the proverbial soup to nuts Almond Chicken Salad With Ginger Marinade Asian Chicken Salad Custom Cuisine Asian Chicken Salad Over Rice Noodle Cake Asparagus Tangy Chicken Salad Tempeh Mock Chicken Salad Vegan Vietnamese Chicken Salad and much much more This is a very satisfying book however I would recommend you eat something before you read this book or you won t be able to make it through without reaching for a skillet or saucepan Chicken Salad Greats is packed with more information than you could imagine 55 delicious dishes covering everything each employing ingredients that should be simple to find and include Chicken Salad This cookbook offers great value and would make a fabulous gift This book will also give you enough inspiration to experiment with different ingredients since you ll find the extensive index to be extremely helpful The recipes are superb Wonderfully easy to put together and you don t have to make or purchase a ton of condiments before you have a chance to play with them Yummy      **Chicken Salad Recipes 10 Tantalizing Recipes To Savor And Share** Rebekah Avraham,2023-09-28 Chicken Salad Recipes 10 Tantalizing Recipes To Savor And Share In this culinary journey we invite you to discover the delightful world of chicken salad where the simple combination of tender chicken and vibrant ingredients comes to life in a symphony of flavors and textures Whether you re a seasoned food enthusiast or a novice in the kitchen these 10 carefully curated recipes will inspire your taste buds and elevate your salad game From classic favorites to innovative twists each recipe is a testament to the versatility of chicken salad So join us as we embark on a delectable adventure exploring a range of tastes ingredients and techniques that will not only satisfy your cravings but also provide you with an array of dishes to savor and share with your loved ones      **Chicken Salad Recipes Cookbook** Jennifer

Sutherland,2020-10-20 Chicken Salad Recipes Cookbook Get your copy of the best and most unique recipes from Jennifer Sutherland Do you miss the carefree years when you could eat anything you wanted Are you looking for ways to relive the good old days without causing harm to your health Do you want an ideal way to preserve your food Do you want to lose weight Are you starting to notice any health problems Do you want to learn to prep meals like a pro and gain valuable extra time to spend with your family If these questions ring bells with you keep reading to find out Healthy Weekly Meal Prep Recipes can be the best answer for you and how it can help you gain many more health benefits Whether you want to spend less time in the kitchen lose weight save money or simply eat healthier meal prep is a convenient and practical option and your family can savor nutritious delicious homemade food even on your busiest days Purchase The Print Edition Receive A Digital Copy FREE Via Kindle Matchbook In this book This book walks you through an effective and complete anti inflammatory diet no prior knowledge required Learn how to shop for the right ingredients plan your meals batch prep ahead of time and even use your leftovers for other recipes and detailed nutritional information for every recipe Chicken Salad Recipes Cookbook is an incredible resource of fulfilling joy inducing meals that every home cook will love In addition 2 weeks of meals a 14 day schedule of meals including step by step recipes and shopping lists for each with tips on what you can prepare ahead of time to get dinner or meal on the table faster Let this be an inspiration when preparing food in your kitchen with your love ones for the Holiday It would be lovely to know your cooking story in the comments sections below Again remember these recipes are unique so be ready to try some new things Also remember that the style of cooking used in this cookbook is effortless I really hope that each book in the series will be always your best friend in your little kitchen Well what are you waiting for Scroll to the top of this page and click the Add to Cart button to get your copy now *OMG! Top 50 Chicken Salad Recipes Volume 4* Marie T. Brunell,2021-05-10 I m a MEAT LOVER And SO ARE YOU Read this book for FREE on the Kindle Unlimited NOW SPECIAL BONUS CREATE your own PERSONAL COOKBOOK with 50 BLANK RECIPE JOURNAL in PAPERBACK edition Nope I m not sharing a secret Rather I m letting everyone know that I m so proud of it Either my caveman good looks or Midwestern background developed my love for meat and poultry As far as I can recall the best meals I ve had are all meat based Meat and Poultry dishes always fill my heart with happiness especially a platter of tender and juicy braised chicken thighs and kale with crunchy breadcrumb toppings and my grandma s filling Bolognese a delicious sauce of ground beef with buttered noodles Parmesan cheese and a few acidic tomatoes Can t wait to discover the book *OMG Top 50 Chicken Salad Recipes Volume 4* right now 50 Awesome Chicken Salad Recipes Meat as well as poultry can play the lead role in a meal such as an awesome roast of prime rib served in special gatherings Sometimes it can play the supporting role such as beef studded Southern greens which is the way I eat daily No matter what meat and poultry usually add a special touch to any dish meal or even an entire event You re sure to get several great choices in the book *OMG Top 50 Chicken Salad Recipes Volume 4* whether you re preparing food for a dinner party or just making a weeknight dinner for your



family Lastly a few words from one meat lover to another I hope your steaks would always be medium rare yet crusty on the outside your fridge be always stocked up with bacon your potatoes be fried in duck fat and turn out crispy and your sides be fresh seasonal and bursting with flavors You also see more different types of recipes such as Thai Curry Recipe Grilled Chicken Recipes Chipotle Cookbook Healthy Salad Dressing Recipe Buffalo Chicken Recipe Book Couscous Recipes Homemade Pasta Cookbook DOWNLOAD FREE eBook PDF included FULL of ILLUSTRATIONS for EVERY RECIPES right after conclusion I really hope that each book in the series will be always your best friend in your little kitchen Let s live happily and eat meat and poultry every day Enjoy the book      **What 'Cha Think About This** Tracye Carter,2016-01-27

Whatcha Think About this spending less time in the kitchen saving money on ingredients or even less time cleaning pots and pans when the great adventure of preparing a meal is complete Well get ready to go on a culinary journey as you page through Whatcha Think About This You will find recipes so quick simple and easy to prepare yet healthy and so delicious Why spend countless hours in the kitchen when you dont have to Tracye has developed a solution in Tracyses Culinary Creations Chicken Salad Dressing that s not so chicken anymore Tracye s dressing is healthy as can be It contains no carbs no sugar gluten free dairy free no trans fats no artificial preservatives or colors One customer wrote to Tracye with this question Is the tag line I use this stuff on everything taken I literally use it on everything she exclaimed Although Tracye didn t know the answer about the tag line she could definitely agree with confidence that the dressing can be used on literally everything Tracye s chicken salad dressing is used in every recipe in this book from appetizers like Tracye s devilish eggs to the main course tilapia parmesan Tracye loves making her ultimate chicken salad for her guests She usually serves it a little at a time so everyone has a chance to get some Tracyses six minute salmon has become a huge hit as well as her not so creamy spinach that tastes like creamed spinach without the cream and takes less than four minutes to make As you page through Whatcha Think About This you will find recipes from appetizers to the main course that can be prepared from start to finish in twenty minutes or less We are confident what you ll think is Hallelujah as you cook eat and share with friends      *Chicken Salad Recipes Cookbook* Alexandra McLean,2020-12-21 Chicken Salad Recipes Cookbook Get your copy of the most unique recipes from Alexandra McLean Do you miss the carefree years when you could eat anything you wanted Are you looking for ways to relive the good old days without causing harm to your health Do you want an ideal way to preserve your food Do you want to lose weight Are you starting to notice any health problems Do you want to learn to prep meals like a pro and gain valuable extra time to spend with your family If these questions ring bells with you keep reading to find out Healthy Weekly Meal Prep Recipes can be the best answer for you and how it can help you gain many more health benefits Whether you want to spend less time in the kitchen lose weight save money or simply eat healthier meal prep is a convenient and practical option and your family can savor nutritious delicious homemade food even on your busiest days In this book This book walks you through an effective and complete anti inflammatory diet no prior knowledge required Learn how to shop for the right

ingredients plan your meals batch prep ahead of time and even use your leftovers for other recipes and detailed nutritional information for every recipe Chicken Salad Recipes Cookbook is an incredible resource of fulfilling joy inducing meals that every home cook will love In addition 2 weeks of meals a 14 day schedule of meals including step by step recipes and shopping lists for each with tips on what you can prepare ahead of time to get dinner or meal on the table faster Let this be an inspiration when preparing food in your kitchen with your love ones for the Holiday It would be lovely to know your cooking story in the comments sections below Again remember these recipes are unique so be ready to try some new things Also remember that the style of cooking used in this cookbook is effortless I really hope that each book in the series will be always your best friend in your little kitchen

**Clucking Good Chicken Salads** The Meaty Marvel Okud,2023-08-04 Are you tired of the same boring salad for lunch every day Do you want to add more excitement to your meal routine Look no further than Clucking Good Chicken Salads 92 Recipes for Every Occasion cookbook This cookbook is filled with delicious chicken salad recipes that cater to every taste and occasion Whether you re looking for something light and refreshing or hearty and filling these recipes have got you covered From classic chicken Caesar salad to unique combinations like buffalo chicken salad and apple pecan chicken salad there are endless possibilities for your taste buds to explore The cookbook also includes recipes for delicious dressings so you can customize your salads to your heart s desire Not only are these salads easy to make but they re also a great way to incorporate more protein into your diet Chicken is a lean protein that helps keep you full and energized throughout the day It s also a great source of nutrients such as vitamin B6 and niacin These salads are perfect for any occasion Whether you re packing lunch for work hosting a summer barbecue or just looking for a quick and easy dinner this cookbook has a recipe that fits the bill In addition to being delicious and convenient chicken salads are also a healthy choice Rather than turning to heavy and high calorie meals these salads offer a lighter and refreshing option that won t leave you feeling weighed down Clucking Good Chicken Salads is more than just a cookbook it s a guide for incorporating healthy and delicious meals into your routine Its recipes offer a wealth of creativity and inspiration for those looking to expand their culinary horizons So why settle for boring salads when you could be enjoying a delicious and nutritious clucking good chicken salad With this cookbook in hand you ll be on your way to a healthier and tastier meal routine in no time

*Delicious Quick and Easy Chicken Salads* Ann Sullivan,2016-11-04 Chicken Salad Recipes Description I grew up loving my Mother s chicken salad recipes but lately I have been looking for new yet similar ideas Do you have any healthy helpful hints for me Ann This is one of the frequently asked questions I receive in email from my recipe book readers Eating healthy is not only something I highly recommend it is something I follow in my own household and chicken salad is something so easy to work with there really is no end to what you can accomplish when putting a light meal together By sharing this latest recipe book I hope to demonstrate how quick easy and delicious you can be with your imagination when it comes to preparing chicken salad for any number of meals or occasions Most of you already know that chicken is one of the

healthiest protein products on the market It is also one of the most diverse in that in addition to standard cuts chicken is also found shredded and packed in an aluminum can which makes preparing chicken salad such an absolute breeze everybody will want to do it I know you will enjoy the many varieties of Chicken Salad recipes found here and I am just as sure you will invent a few of your own after seeing how innovative some of these family favorites actually are Bon Apetit Ann Sullivan

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