

La motricité libre, c'est quoi ?

C'est apprendre à observer, à ne pas intervenir, ainsi qu'à adapter et sécuriser l'environnement.



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La motricité libre, c'est quoi ?

C'est favoriser la mobilité et l'équilibre naturels de l'enfant.



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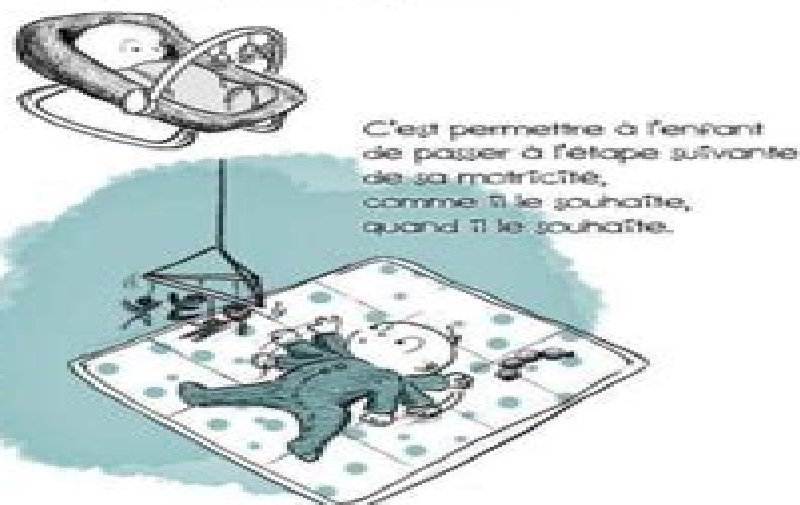
C'est ne pas mettre l'enfant dans une position qu'il n'a pas acquise seul ou dont il ne peut se défaire seul.



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La motricité libre, c'est quoi ?

C'est laisser la possibilité à l'enfant de découvrir son corps, d'explorer ses capacités.



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