



LIFEGUARD

TRAINING MANUAL

AMERICAN AQUATICS AND SAFETY TRAINING



Lifeguard Training Manual

**New Zealand Water Safety
Council, New Zealand Recreation
Association**



Lifeguard Training Manual:

Pool Lifeguard Brian V. Sims, Andy Farquarson, 1997 **American Red Cross Lifeguarding Manual** American Red Cross, 2012-01-05 As the number of community pools and waterparks grows nationwide participation in aquatic activities is also growing Lifeguards must receive proper and effective training and maintain their skills to ensure their ability to work effective with others as a part of a lifeguard team This manual will supplement your in service training to keep your knowledge and skills sharp Lifeguarding Manual, 2012 As the number of community pools and waterparks grows nationwide participation in aquatic activities is also growing Lifeguards must receive proper and effective training and maintain their skills to ensure their ability to work effective with others as a part of a lifeguard team This manual will supplement your in service training to keep your knowledge and skills sharp *American Red Cross Lifeguard Training Instructor's Manual*, 1988-01-01 Pool Lifeguard Training Manual New Zealand Water Safety Council, New Zealand Recreation Association, 1997 *American Red Cross Lifeguarding* American Red Cross, 2012 **Beach Lifeguard Training Manual** California. Division of Beaches and Parks, 1961 *Surf Lifeguard Training Manual* Surf Life Saving New Zealand Inc, 2004 *American Red Cross Lifeguarding Instructor's Manual*, 2007 **National Pool and Waterpark Lifeguard Training** National Safety Council, 2000-12 This text presents lifeguarding skills that participants will learn in Ellis Associates National Pool and Waterpark Lifeguard Training Program integrating CPR first aid AED and oxygen administration into one curriculum Step by step instructions and guidelines are given for rescuing drowning *The United States Lifesaving Association Manual of Open Water Lifesaving* B. Chris Brewster, 1995 The only comprehensive manual for the training and reference of lifeguards at both surf and inland beaches this manual is designed to be used in basic training of open water beach lifeguards and in junior lifeguard programs It is an essential reference for beach lifeguard supervisors and administrators This text is consistent with the requirements of the USLA Lifeguard Agency Certification Program Over 300 pages in length the manual contains over 100 photographs and 25 technical drawings **Our L.A. County Lifeguard Family**, Professional Lifeguard Textbook American Red Cross, 1994-10 **American Red Cross Lifeguarding**, 1995 *American Red Cross Lifeguarding*, 1990 This text is intended as a guide for lifeguards for lifeguard training instructors and for managers of aquatic facilities who want to establish a system for selecting training and using lifeguards This text focuses on the skills and knowledge an individual requires to properly assume lifeguarding responsibilities at a swimming pool water park or a protected nonsurf open water beach This text emphasizes that additional training will need to be provided by aquatic facilities where lifeguards are employed Chap 1 **Instructor's Manual for On the Guard II** YMCA of the USA., 1998 **Pool Lifeguarding** Royal Life Saving Society, 1989 *Resources in Education*, 1974 *American Red Cross Water Safety Instructor's Manual*, 2004 **Pool Lifeguarding** Andrew Ebben, Royal Life Saving Society (Great Britain), 1993-01-01

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