

SUBJECT: MAGC 210: Counseling Theories, Tools and Techniques  
ACTIVITY: Counseling Script using the Counseling Process  
STUDENT: Maria Melissa B. Sanchez

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Background of the client/student:

The client is Faith, a 20-year-old girl in her 2<sup>nd</sup> year college. She is living with her both parents and 3 siblings. She is the 2<sup>nd</sup> in order of 4 kids. Her mother is the main bread winner in the family, while her older sister is working as sales girl. Faith does not participate regularly on her online class because she does not have a gadget and load. Her mother is concerned about her because she is not eating and does not go out of the room.

The Script:

### **Step 1: Relationship Building**

*Assuming that the counselor does a home visit.*

Counselor: (Knock on the door) Good morning, Faith! This is Mam Sanchez.  
I pay you a visit because I just wanted to check how are you doing these past days.

Faith: I'm good Mam.

Counselor: Can I invite you for a while outside your room?

*Assuming that Faith goes out from her room*

Counselor: Thank you Faith for coming out. I see a shaded bench under the mango tree outside, would you like sitting there?

Faith: Ok.

*Seated in the bench*

Counselor: How are you feeling right now Faith?

Faith: I'm not feeling well Mam

Counselor: I can observe that. It is also the reason why I visited you.

### **Step 2: Problem Assessment**

Counselor: We are worried at school that your attendance in your online class is very poor.  
I have talked to your mother over the phone and she is so worried about you not eating and not going out of the room. What happened?

Faith: I lose my appetite Mam. I just wanted to be alone in the room.

Counselor: You sound troubled and sad. It appears that something bothers you and made you sad, would you like to talk about it?

Faith: I don't attend my online class for several days.

Counselor: Do I get it right that not attending your online class bothers you and made you sad?

Faith: Yes Mam.

Counselor: Do you like the feeling of being sad?

Faith: Of course, I don't want to be sad.

# Mock Counseling Scripts

**Sabine Zange**



## Mock Counseling Scripts:

*The Competency Restoration Handbook* Laura M. Grossi, 2025-09-12 The Competency Restoration Handbook is a collection of foundational materials for competency restoration providers who work with adult pretrial defendants in the United States The book begins with a description of the legal context related to adjudicative competence and an overview of foundational competency restoration practices Following these foundational resources are chapters explaining how various clinical interventions can be adapted to help restore individuals to competency and an assortment of practical tools for use with defendants undergoing competency restoration

**Cases on Authentic Assessment in Higher Education** Marron, Linda, 2024-08-05 The rise of ChatGPT has stirred intense conversations in education raising concerns about the loss of traditional assessment methods The increasing emphasis on examination based evaluations has gained attention leading educators to wrestle with the possible standardization of academic assessments This one size fits all approach not only jeopardizes the authenticity of the learning experience but also neglects the diverse talents and strengths of students The pressing challenge is to align the changing technological environment with the need for assessment strategies that are both inclusive and effective *Cases on Authentic Assessment in Higher Education* is a publication that acknowledges the challenge posed by technological disruptions and actively seeks to provide a solution It stands as a resource for educators and administrators navigating the complexities of contemporary assessment By advocating for a shift towards authentic assessments the book not only addresses the concerns raised by ChatGPT but also provides a wealth of practical examples across diverse subject areas These examples serve as a guide for educators offering inspiration and adaptability to enhance their teaching methods and foster a more inclusive and engaging learning environment

*Interviewing* Gary T. Hunt, William F. Eadie, 1987 *Women's Experiences of Abortion in Urban Malaysia* Siti Fathilah Kamaluddin, 1995

*Personnel Supervision (books) 1979-1986* Janet H. Edmonds, 1988 *Quick Bibliography Series*, 1976 **Imported fire ant, 1983-May 1987** Evelyn A. Brownlee, 1987 *The Financial Planning Competency Handbook* CFP Board, 2013-04-03

Whether you're studying to become a financial planner or a practitioner looking for a comprehensive reference to help serve your clients' needs this is the ultimate guide Developed by Certified Financial Planner Board of Standards Inc CFP Board the Financial Planning Competency Handbook gives you everything you need to meet the daily challenges of your current or future profession This all inclusive handbook covers the entire list of nearly 90 vital topics on integrated financial planning including such major components as General Principles of Finance and Financial Planning Insurance Planning Employee Benefits Planning Investment and Securities Planning State and Federal Income Tax Planning Estate Tax Gift Tax and Transfer Tax Planning Retirement Planning Estate Planning Principles of Communication and Counseling And more

**I Never Knew I Had a Choice** Gerald Corey, Marianne Schneider Corey, 1990 Veteran undergraduate text first published in 1978 for courses in applied psychology and personal development Updated for the current edition are discussion of cultural

and gender issues as they reflect on personal choice and behavior much new material AIDS sexual harassment Offers tools such as self inventories personal reflection sections activities and exercises Annotation copyright by Book News Inc Portland OR *Evidence on the Benefits of Integrating Mental Health and HIV into Packages of Essential Services and Care* Olumide Abiodun ,Theddeus Iheanacho,Saheed Akinmayowa Lawal,2024-10-25 As the 21st century continues to unfold emerging re emerging and newly emerging infectious diseases will become more pronounced These infectious diseases like Coronavirus disease COVID 19 which has led to 6 330 802 deaths globally as of 28th June 2022 contend with other existing global health priorities such as mental health HIV AIDs cancers malaria and monkeypox The COVID 19 pandemic has forced many countries to focus their attention and resources on tackling the disease paying less attention to other public health issues such as the need to integrate mental health services into HIV care But investing in mental health and psychosocial support and ensuring the integration of mental health and HIV interventions are critical for achieving universal health coverage ensuring health equity and ending the AIDS epidemic WHO 2022 6 Case Studies of Exemplary Dislocated Worker Programs ,1986 **The Behavior Therapist** ,1987 **Challenges and Strategies for Research in Systems Development** William W. Cotterman,James A. Senn,1992-08-11 Based on a conference held by the Information Technology Management Center INTEC at Georgia State University to assess the current level of development in the practice of systems analysis and design to evaluate the state of research in this area to identify recent research issues in the creation of information systems and to discuss research strategies which could influence future investigations Features papers presented in general sessions and workshops from leading academicians and practitioners **Experiments in Artificial Intelligence for Small Computers** John Krutch,1981 Presents how to conduct interesting artificial intelligence experiments with a small computer and BASIC language *Principles & Practice of Medical Therapy in Pregnancy* Louis Buttino,1998 The encyclopedic coverage includes all medical treatment of pregnant women from general aspects of medical care during pregnancy to critical care and surgery in pregnancy The third has been thoroughly revised and features a new section on medical genetics Counselor Education and Supervision ,1993 *Teacher Study Guide for Disaster Preparedness Education Film Series* California. State Department of Education,1975 **Ohio Schools** ,1980 Preventive Law Reporter ,1992 *Systems of Psychotherapy* James O. Prochaska,John C. Norcross,1994 This book provides a systematic comprehensive and balanced survey of the leading theories of psychotherapy from an integrative perspective Looking within an individual system of therapy the book follows the integrative steps that flow from the systems theory of personality to its theory of psychopathology and culminates in its theory of the therapeutic process and relationship The book also offers an integrative framework that highlights the many similarities of therapy systems without blurring their essential differences

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