NCLEX PRACTICE QUESTION

The nurse teaches clients diagnosed with seasonal influenza how to manage the illness. Which is unnecessary for the nurse to include in the teaching?

- a. Sneezing or coughing into the upper sleeve instead of the hands.
- Returning to work or school after five full days of antibiotic therapy.
- Resting, increasing fluid intake, and using antihistamines for comfort.
- d. Preventing the spread of illness by remaining away from public places.

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