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# Larthrose Questions Pour Mieux Geacuterer La Maladie

**Thomas Bardin, Anne Eveillard**



## **L'arthrose Questions Pour Mieux Gérer La Maladie:**

L'arthrose - 100 questions pour mieux gérer la maladie MAXIME DOUGADOS, 2008-11-13 L'arthrose touche 68% des Français après 50 ans. Si vous en êtes atteint ou si l'un de vos proches en souffre, ce livre est fait pour vous. En 100 questions, il vous aidera à faire un point complet sur votre maladie et ses traitements. L'ouvrage d'auteurs médicaux rhumatologues, chirurgiens orthopédistes, kinésithérapeutes, assistants sociaux, infirmières diplômées, réunis par le Professeur Maxime Dougados, est en contact quotidien avec les malades. De ce fait, les questions traitées ici sont réellement celles que se posent les patients et les réponses données sont compréhensibles par tous.

**Mieux vivre avec l'arthrose** Thomas Bardin, Anne Eveillard, 2005. Voici un ouvrage pour mieux comprendre la maladie et pour mieux la vivre au quotidien. Découvrez une approche complète et accessible tous qui fait le point sur l'arthrose aujourd'hui : ses causes, ses symptômes, ses traitements. Quels sont les facteurs de risques de l'arthrose ? Le recours à la chirurgie est-il indispensable ? Existe-t-il des traitements efficaces ? Le Pr Thomas Bardin répond de façon claire à toutes les questions les plus courantes sur cette maladie. Retrouvez des conseils pour mieux vivre avec l'arthrose au quotidien, les traitements médicaux, la diététique, les exercices pour soulager la douleur, les nouvelles habitudes, prendre etc.

Ignite the flame of optimism with Crafted by is motivational masterpiece, Find Positivity in **Larthrose Questions Pour Mieux Geacuterer La Maladie** . In a downloadable PDF format ( PDF Size: \*), this ebook is a beacon of encouragement. Download now and let the words propel you towards a brighter, more motivated tomorrow.

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