

Physical Education McQs By

Answer of all mcqs are in the END of the last Question.

1. The landing arena of High Jump will be

- (A) 5x4mts
- (B) 5x5mts
- (C) 5 x 3 mts
- (D) 5 x 6 mts

2. Blood is purified in the human body by?

- (A) Carbon dioxide
- (B) Nitrogen
- (C) Oxygen
- (D) Hydrogen

3. Name the vitamin which is water soluble

- (A) Vitamin A
- (B) Vitamin B
- (C) Vitamin E
- (D) Vitamin K

4. Salivary gland produces

- (A) Ptyalin
- (B) Adrenal
- (C) Pepsin
- (D) Renin

5. Who is responsible for sanitation /cleanliness in schools?

- (A) Principal
- (B) Cleaning worker
- (C) Teacher and students
- (D) All of the above

6. Name the disease which is categorized as psychosomatic disease

- (A) Diabetes
- (B) Asthma
- (C) Tuberculosis
- (D) Small pox

7. According to rules, the colour of football goal post is?

- (A) Light yellow

Mcqs Health And Physical Education

Rose Army



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H. McGuire,1983 **GRADE BOOSTER ICSE MCQs Physical Education Class 10** Sukhmanjot K.,2025-08-27 The Grade Booster ICSE MCQs for Class 10 Physical Education is a specialised resource that combines theory based knowledge with exam oriented practice Covering all topics Human Anatomy Physiology Health Fitness Games Sports and Physical Training it provides a balanced set of fact based and application based MCQs aligned to the latest ICSE curriculum Fully solved answers examiner guidance and common error alerts help students avoid mistakes and improve clarity By strengthening both conceptual and practical knowledge through regular MCQ practice learners can boost accuracy confidence and secure top grades in ICSE Physical Education Biochemical Aspects of Metabolic Disorders Muhammad Sajid Hamid Akash,Kanwal Rehman,2025-05-17 Biochemical Aspects of Metabolic Disorders offers a comprehensive exploration of the intricate biochemical mechanisms and or pathways underlying a wide array of metabolic disorders From the genetic basis of inherited metabolic conditions to the environmental factors impacting metabolic dysregulation each chapter investigates the molecular insights essential for understanding and managing these complex diseases Covering topics such as carbohydrate and lipid metabolism disorders amino acid catabolism hepatic and renal metabolism mitochondrial dysfunction pediatric obesity and diagnostic approaches this book will serve as a requisite resource for researchers clinicians and students alike looking for unravel the biochemical intricacies of metabolic disorders Provides comprehensive coverage of various aspects of metabolic disorders including carbohydrate and lipid metabolism disorders and amino acid metabolism disorders Offers detailed molecular insight into the biochemical mechanisms and or pathways involved in metabolic disorders helping readers understand the underlying mechanisms driving disease pathogenesis Includes diagnostic algorithms and therapeutic approaches enabling readers to apply biochemical knowledge to real world clinical scenarios American Book Publishing Record Cumulative 1998 R R Bowker Publishing,1999-03 **Health Science Books, 1876-1982** ,1982 **Integrated Approach at Grassroots Level Towards Family Planning and Health Programme with Particular Emphasis on Nutrition and Parasite Control** ,1977 **Library of Congress Catalogs** Library of Congress,1980 **Forthcoming Books** Rose Arny,2003 Continuing Education for Health Workers ,1983 *International Books in Print* ,1997

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