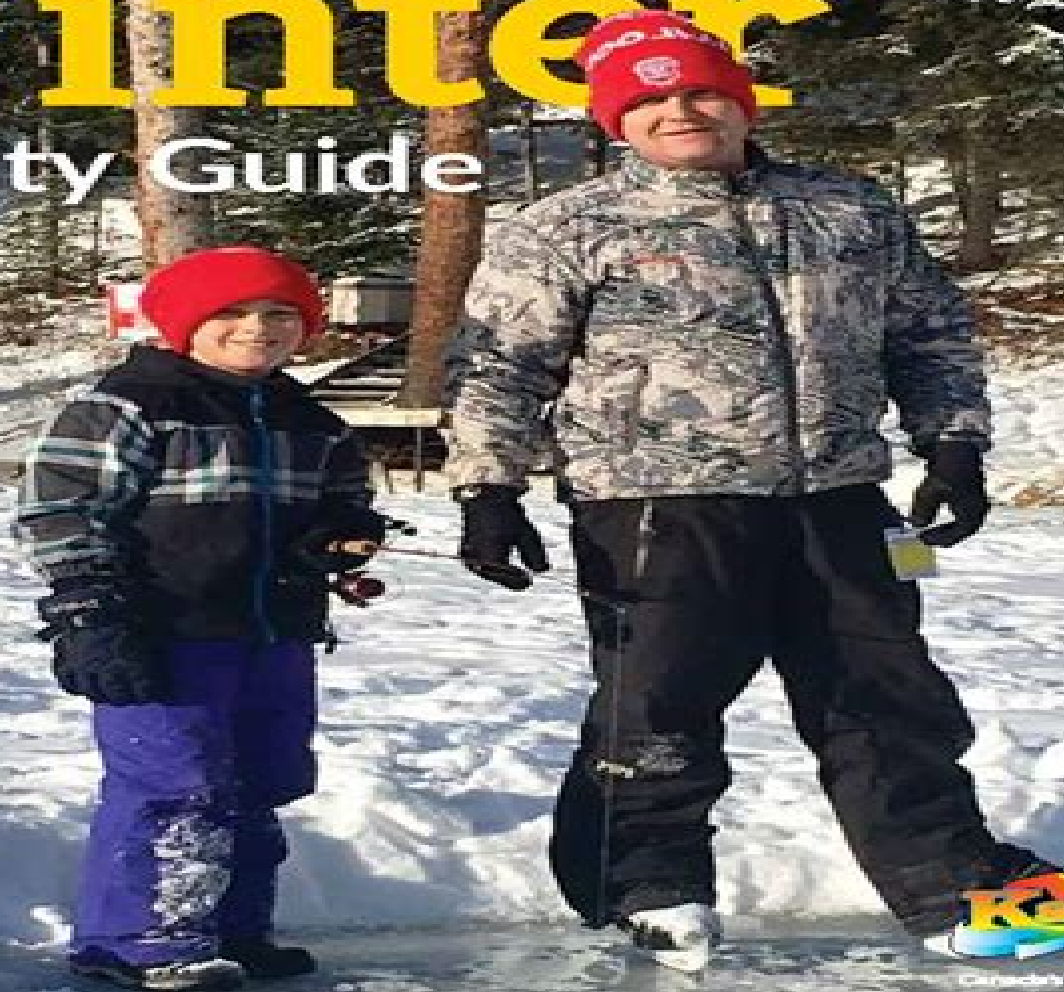


2019 City of Kamloops

Winter

Activity Guide



**ONLINE
REGISTRATION**
December 11 - 12
Begins at 6:30 am

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REGISTRATION**
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Kamloops Recreation Guide

JA Banks



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Crossing Home Ground David Pitt-Brooke, 2016-11-12 Like John Muir David Pitt Brooke stepped out for a walk one morning a long walk of a thousand kilometres or more through the arid valleys of southern interior British Columbia He went in search of beauty and lost grace in a landscape that has seen decades of development and upheaval In *Crossing Home Ground* he reports back providing a day by day account of his journey s experiences from the practical challenges dealing with blisters rain and dehydration to sublime moments of discovery and reconnection with the natural world Through the course of this journey Pitt Brooke s encounters with the natural world generate starting points for reflections on larger issues the delicate interconnections of a healthy landscape and most especially the increasingly fragile bond between human beings and their home places There is no escaping the impact of human beings on the natural world not even in the most remote countryside but he finds hope and consolation in surviving pockets of loveliness the kindness of strangers and the transformative process of the walking itself a personal pilgrimage across home ground *Crossing Home Ground* is a book that though rooted in one specific place and time will evoke a universal sense of recognition in a wide variety of readers It will appeal to hikers natural history enthusiasts and anyone who loves the wild countryside and is concerned about the disappearance of Canada s natural spaces Pitt Brooke s grassland odyssey is sure to become a classic of British Columbia nature writing

The Survival Guide to British Columbia Ian Ferguson, 2019-10-15 A completely satirical yet oddly practical guide to surviving and thriving in Canada s westernmost province So you ve arrived in British Columbia Perhaps you re just passing through perhaps you want to stay a while You may even be contemplating making British Columbia your home What you need is a well researched clearly written and comprehensive guide to living and even prospering in Canada s westernmost province This isn t it However the information contained in this book will allow you to experience British Columbia with minimal damage to your health and well being Having lived in nearly every province in the country before settling in BC Ian Ferguson can say with great authority that things work differently here So differently in fact that visitors and newcomers from other parts of Canada may put themselves in physical or social peril if they try to dress act drive work vote or socialize in the same ways as they would in Ontario New Brunswick or god forbid Alberta With practical advice little known facts and personal anecdotes Ferguson tackles everything from how to recognize a local and differentiate the various types of facial hair that delineate the male British Columbian to how to survive both natural and unnatural disasters whether it s a light dusting of snow on the southern tip of Vancouver Island or a full blown hockey riot to how BC has been governed through the ages like the time a bootlegger was put in charge of prohibition Illuminating hilarious and only mildly offensive if you have no sense of humour *The Survival Guide to British Columbia* will make you question why you ever came here in the first place

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world the number of serious and fatal injuries and illnesses associated with these expeditions has markedly increased Thus so has the need for medical personnel trained specifically to handle the health risks that are faced when far removed from professional care resources Expedition and Wilderness Medicine covers everything a prospective field physician or medical consultant needs to prepare for when beginning an expedition Divided into three parts Expedition Planning Expeditions in Unique Environments and Illness and Injuries on Expeditions this unique book covers everything that the expedition physician needs to know BOOK JACKET British Columbia in Books Mary Lou Cuddy,James J. Scott,1974 Campground Guide for Tent Or Trailer Tourists, Fishermen, Hunters, Etc ,1953 **Canadiana** ,1985 **Bibliographic Guide to the Environment** ,1992 **Guide to Western Canada** Frederick Pratson,Raymond Chatelin,1993 **Gale's Guide to Nonprofits** ,2000 **Trade Show & Convention Guide** ,1995 *AudArena Stadium International Guide & Directory* ,1999 *Map Link Catalog* ,2008 **Mobil Travel Guide** Mobil Travel Guide,2003-11 This planner is organized alphabetically by state with introductory information about the state followed by city listings in alphabetical order For each city the planner lists recommended sites and attractions and Mobil One to Five Star rated lodgings and restaurants

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