PETIT GUIDE

Le bicarbonate et ses bienfaits





Le Bicarbonate Et Ses Vertus Santeacute Bienecirctre

Pierre Ripert

Le Bicarbonate Et Ses Vertus Santeacute Bienecirctre:

Le bicarbonate et ses vertus - Cuisine, santén hygiène Pierre Ripert,2011-05-01 Fr quemment cit parmi les rem des dits de grand m res le bicarbonate de soude est r put pour faciliter la digestion redonner couleur et saveur aux l gumes secs pr server la fra cheur et la teneur en l ments nutritifs des l gumes verts rendre les p tes g teaux l g res r duire l acidit des confitures faire p tiller les jus de fruits Ce produit 100% naturel peu on reux peut aussi tre utilis la maison pour laver r curer polir assainir ou d sodoriser son efficacit il ajoute une qualit essentielle il ne pr sente aucune toxicit et ne nuit pas l environnement C est donc la solution cologique parfaite pour l entretien de la maison Le bicarbonate de soude est utile tout des recettes de cuisine du cassoulet la salade de fruits au toilettage des animaux domestiques des masques de beaut et soucis digestifs l hygi ne dentaire et au bien tre musculaire de l entretien des sanitaires la protection des plants de tomates ou au nettoyage de votre auto Plus de 500 trucs et recettes sont ici rassembl s par grands th mes

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