

HANDOUT 1 - CURRICULUM GUIDE FOR HEALTH GRADE 5

K to 12 BASIC EDUCATION CURRICULUM

CONTENT	CONTENT STANDARDS	PERFORMANCE STANDARDS	LEARNING COMPETENCY	CODE	LEARNING MATERIALS
E. Sex and Gender 1. Sex (male, female or intersex) 2. Gender Identity (girl/woman, boy/man or transgender) 3. Gender Roles (masculine, feminine, androgynous) 4. Factors that Influence Gender Identity and Gender Roles			12. differentiates sex from gender 13. identifies factors that influence gender identity and gender roles 14. discusses how family, media, religion, school and society in general reinforce gender roles 15. gives examples of how male and female gender roles are changing	HS-GD-EJ-2.2 HS-GD-EJ-2.3 HS-GD-EJ-2.4 HS-GD-EJ-2.5	 Edukasyon Pangkatagan, Kalusugan at Huska I. DepED, Abaya, Mary Placid Sr. et.al. 1994. pp.130-132 Edukasyon Pangkatagan, Kalusugan at Huska I. DepED, Abaya, Mary Placid Sr. et.al. 1994. pp.130-132,134
Grade 5 – SUBSTANCE USE AND ABUSE – 3RD QUARTER (HS5U)					
A. Nature of Gateway Drugs 1. Caffeine (products with caffeine include coffee, tea and cola drinks) 2. Tobacco 3. Alcohol	The learner... understands the nature and effects of the use and abuse of caffeine, tobacco and alcohol	The learner... demonstrates the ability to protect one's health by refusing to use or abuse gateway drugs.	The learner... 1. explains the concept of gateway drugs. 2. identifies products with caffeine 3. discusses the nature of caffeine, nicotine and alcohol use and abuse 4. describes the general effects of the use and abuse of caffeine,	HS5U-IIIa-7 HS5U-IIIb-8 HS5U-IIIc-9 HS5U-IIId-e-10	Drugs: Haling gamit, Masamang Epekto. AMC, NFE Accreditation and Equivalency Learning Material. DepED. 1998. pp.4 Drugs: Haling gamit, Masamang epekto. AMC, NFE Accreditation and Equivalency Learning Material. DepED. 1998. pp.9-12 Drugs: Haling gamit, Masamang epekto. AMC, NFE Accreditation and Equivalency Learning Material. DepED. 1998. pp.9-15
B. Effects of Gateway Drugs 1. Caffeine 2. Tobacco					

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* These materials are in textbooks that have been delivered to schools.

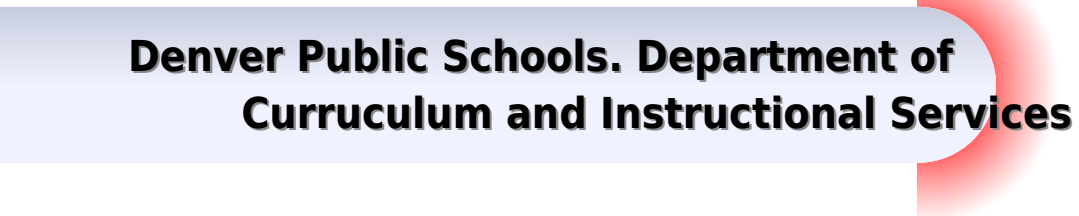
HANDOUT 1 - CURRICULUM GUIDE FOR HEALTH GRADE 5

K to 12 BASIC EDUCATION CURRICULUM

CONTENT	CONTENT STANDARDS	PERFORMANCE STANDARDS	LEARNING COMPETENCY	CODE	LEARNING MATERIALS
3. Alcohol	The learner...	The learner...	tobacco and alcohol		
C. Impact of the Use and Abuse of Gateway Drugs 1. Individual 2. Family 3. Community	understands the nature and effects of the use and abuse of caffeine, tobacco and alcohol	demonstrates the ability to protect one's health by refusing to use or abuse gateway drugs.	5. analyzes how the use and abuse of caffeine, tobacco and alcohol can negatively impact the health of the individual, the family and the community	HS5U-IIIg-11	May Nakuukulong at Hapagpamali na Droga. AMC, NFE Accreditation and Equivalency Learning Material. DepEDA. 2001. pp.22-23,30-31
D. Prevention and Control of Use and Abuse of Gateway Drugs 1. Development of Life Skills (resistance, decision-making, communication, assertiveness) 2. Observance of Policies and Laws, such as school policies and national law (RA 9211 or the Tobacco Regulation Act of 2003)			6. demonstrates life skills in keeping healthy through the non-use of gateway drugs 7. follows school policies and national law related to the sale and use of tobacco and alcohol	HS5U-IIIh-12 HS5U-IIId-13	1. Addictive & Dangerous Drugs. AMC, NFE Accreditation and Equivalency Learning Material. DepED. 2001. pp.20-23 2. May Nakuukulong at Hapagpamali na Droga. DepEDA. 2001. pp.24-25 Addictive and Dangerous Drugs. AMC, NFE Accreditation and Equivalency Learning Material. DepED. 2001. pp.19

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