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Éditorial

Perspectives actuelles en contrôle postural

Le contrôle postural est une thématique centrale dans les recherches sur le mouvement humain. La stabilité posturale est une base essentielle pour la précision des actions finalisées, et sa dégradation liée à l'âge ou à diverses maladies neurologiques est un problème clé dans le domaine de la réhabilitation. Psychologues et neuroscientifiques ont insisté sur le rôle des boucles de feedback et des processus anticipatoires dans l'adaptation en continu de la posture. Les tenants de l'approche des systèmes dynamiques ont analysé l'émergence des synergies posturales, en répouse à l'évolution des contraintes. La dynamique particulièrement complexe du centre de gravité et du centre des pressions, même durant le maintien de la station debout, a été analysée au moven de méthodes diverses, incluant des approches non linéaires hautement sophistiquées. Une grande diversité de modèles, psychologiques, neuro-musculaires, dynamiques, biomécaniques, ont été invoqués pour rendre compte de la complexité du contrôle postural. Ainsi, ce champ de recherche concentre les débats principaux et les controverses qui out marquéla recherche en contrôle moteur ces dernières décennées.

L'objectif de ce numéro spécial est de présenter une photographie de la recherche actuelle dans le domaine du contrôle postural. Nous avons invité quelques-uns des meilleurs chercheurs à soumettre un manuscrit présentant une synthèse de leurs travaux passés, ou proposant des points de vue novateurs ou des directions pour les recherches futures. La plupart d'entre eux ont répondu positivement, et j'aimerais ici remercier tous les auteurs pour leurs contributions. Ce numéro est composé d'articles théoriques, méthodologiques, et d'autres contributions plus appliquées ou à orientation clinique. Il donne une belle image de la diversité et de la richesse de ce domaine de recherche.

La première partie de ce numéro spécial présente quelques points de vue théoriques innovants sur le contrôle postural.

Mike Riley, Nikita Kuznetsov, et Scott Bonnette (Université de Cincinnati, USA) s'interrogent sur la pertinence du concept de « système de contrôle postural », considéré comme un système générique et permanent. Ils proposent un point de vue alternatif, suggérant que le contrôle postural est réalisé par des synergies.

posturales à assemblage souple, spécifiques à chaque situation. Ce point de vue est supporté par une large revue des travaux basés sur les analyses non-linéaires, mettant en évidence les propriétés (multi)fractales de la dynamique posturale et leur dépendance à l'égard des contraintes.

- Tom Stoffregen (Université du Minesotta, USA) présente un point de vue particulièrement convaincant sur l'origine du mal des transports. L'auteur questionne les théories classiques basées sur l'idée d'un conflit intersensoriel, et propose une nouvelle théorie considérant le mal des transports comme un trouble transitoire du contrôle postural.
- Dédier Delignières, Kjerstin Torre et Pierre Louis Bernard (Université Montpellier 1, France) développent une hypothèse nouvelle, considérant que le contrôle postural est essentiellement un contrôle de la vitesse, plutôt qu'un contrôle de la position. L'étude présentée montre que des variables expérimentales estimant l'étendue du bornage de la vitesse sont plus sensibles que des variables basées sur la position, pour rendre compte des effets de facteurs expérimentaux.

La seconde partie est composée de revues de question, offrant des présentations approfondies de programmes spécifiques de recherche.

- Ludovic Marin et Benoît Bardy (Université Montpellier 1, France) présentent les fondements des deux principales théories du contrôle postural : l'approche neuromusculaire, et l'approche dynamique. Ces approches sont questionnées au travers de deux questions fondamentales : Comment peut-on contrôler simultanément les multiples parties composant notre corps? Comment peut-on adopter la posture la plus efficace, parmi la myriade de possibilités offertes?
- Matthieu Boisgontier, Jean-Baptiste Mignardot, Vincent Nougier, Isabelle Ofivier et Estelle Palluel (Université Joseph-Fourier, Grenoble, France) proposent une revue centrée sur l'analyse du coût attentionnel du contrôle postural. Cet article montre comment le coût attentionnel est affecté par un certain nombre de facteurs, dont la focalisation du sujet sur le contrôle postural, la disponibilité des informations

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