
CHAPTER 63: MUSCULOSKELETAL PROBLEMS LEWIS: MEDICAL- SURGICAL NURSING, 10TH EDITION QUESTIONS WITH CORRECT DETAILED ANSWERS

A patient with acute osteomyelitis of the left femur is hospitalized for regional antibiotic irrigation. Which intervention will the nurse include in the initial plan of care?

- a. Quadriciceps-setting exercises
- b. Immobilization of the left leg
- c. Positioning the left leg in flexion
- d. Assisted weight-bearing ambulation - ANSWER-ANS: B

Immobilization of the affected leg helps to decrease pain and reduce the risk for pathologic

fracture. Weight-bearing exercise increases the risk for pathologic fractures. Flexion of the

affected limb is avoided to prevent contractures.

DIF: Cognitive Level: Apply (application) REF: 1499

TOP: Nursing Process: Planning MSC: NCLEX: Physiological Integrity

A patient is being discharged after 1 week of IV antibiotic therapy for acute osteomyelitis in

the right leg. Which information will be included in the discharge teaching?

- a. How to apply warm packs to the leg to reduce pain
- b. How to monitor and care for a long-term IV catheter
- c. The need for daily aerobic exercise to help maintain muscle strength
- d. The reason for taking oral antibiotics for 7 to 10 days after discharge - ANSWER-ANS: B

The patient will be taking IV antibiotics for several months. The patient will need to recognize

signs of infection at the IV site and know how to care for the catheter during daily activities

such as bathing. IV antibiotics rather than oral antibiotics are used for acute osteomyelitis.

Patients are instructed to avoid exercise and heat application because these will increase swelling and the risk for spreading infection.

DIF: Cognitive Level: Apply (application) REF: 1499

TOP: Nursing Process: Implementation MSC: NCLEX: Physiological Integrity

A patient is receiving IV antibiotics at home to treat chronic osteomyelitis of the left femur.

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