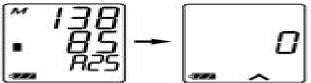
## TAKING YOUR BLOOD PRESSURE



5. Press the START button. Your average blood pressure reading will appear with the number of measurements stored in memory (i.e. A25 = total of 25 measurements stored in memory) and a flashing ★ symbol, indicating that monitor is ready for measurement.

NOTE: If the ▼ symbol is displayed, the cuff has some air trapped in it. Press the exhaust valve button until the ★ symbol is displayed. You may have to press on the cuff while holding the exhaust valve to release all the air in the cuff.



- 6. When the A symbol is displayed, begin cuff inflation by squeezing the inflator bulb repeatedly. It may take a few seconds for the A symbol to appear.
- 7. Stop squeezing the inflator bulb when A symbol disappears or until cuff pressure reaches about 30 mmHg to 40 mmHg above expected systolic pressure. If inflating to a level above your expected systolic pressure, we recommend using the chart shown below to determine your inflation level.

Usual Systolic	Inflate to
Up to 130	160
131-170	200
171-210	240
211-250	280

# <u>Lifesource Ua 705 User Guide</u>

Dyson

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