

MANUAL HANDLING RISK ASSESSMENT (HSF 201A)

This risk assessment form must be completed for all manual handling tasks where it is considered that the task places an employee at risk of injury. If the load is small and light enough to be easily moved safely by one person repetitively without risk of sprain or strain, then it is not necessary to complete this form. This assessment should be carried out with the aid and consultation of the operatives.

Location			
Outline of risk assessment <i>Summary of what is proposed</i>			
Employee/s <i>List those involved</i>			
Assessor	Name Signature	Date completed	

The Load		
	YES	NO
Is the load heavy (guide weight 10Kg/1.57 stones or above)?	<input type="checkbox"/>	<input type="checkbox"/>
Is the weight indicated on the load?	<input type="checkbox"/>	<input type="checkbox"/>
Is the load large or bulky?	<input type="checkbox"/>	<input type="checkbox"/>
Is the load of an irregular shape?	<input type="checkbox"/>	<input type="checkbox"/>
Does the surface prevent a good grip being achieved?	<input type="checkbox"/>	<input type="checkbox"/>
Does the shape or size interfere with the handler's vision?	<input type="checkbox"/>	<input type="checkbox"/>
Are handholds or handles available?	<input type="checkbox"/>	<input type="checkbox"/>
Can the size, weight, shape, etc be altered by the handler?	<input type="checkbox"/>	<input type="checkbox"/>

The Task		
	YES	NO
Is lifting from floor level required?	<input type="checkbox"/>	<input type="checkbox"/>
Does the task require the loads to be supported away from the body?	<input type="checkbox"/>	<input type="checkbox"/>
Is twisting, stretching or stooping involved?	<input type="checkbox"/>	<input type="checkbox"/>
Does the task finish below knee or above shoulder height?	<input type="checkbox"/>	<input type="checkbox"/>
Is the load being carried over long distances?	<input type="checkbox"/>	<input type="checkbox"/>
Is prolonged physical effort required?	<input type="checkbox"/>	<input type="checkbox"/>
Is repetitive handling required?	<input type="checkbox"/>	<input type="checkbox"/>
Are any work rates imposed?	<input type="checkbox"/>	<input type="checkbox"/>
Are periods of rest and recovery incorporated in with the task?	<input type="checkbox"/>	<input type="checkbox"/>
Does the task require manual handling whilst seated?	<input type="checkbox"/>	<input type="checkbox"/>
Does the task require team lifts?	<input type="checkbox"/>	<input type="checkbox"/>

The Working Environment		
	YES	NO
Does space constraint prevent good postures from being adopted?	<input type="checkbox"/>	<input type="checkbox"/>
Are any floor areas in poor condition (slippery, uneven)?	<input type="checkbox"/>	<input type="checkbox"/>
Do any fixtures or fittings create additional manual handling?	<input type="checkbox"/>	<input type="checkbox"/>
Are there variations in workplace floor levels?	<input type="checkbox"/>	<input type="checkbox"/>
Are there hot, humid or cold conditions encountered?	<input type="checkbox"/>	<input type="checkbox"/>
Is there adequate lighting for the task?	<input type="checkbox"/>	<input type="checkbox"/>
Could strong air movements affect the load stability?	<input type="checkbox"/>	<input type="checkbox"/>

Individual Capability		
	YES	NO
Does the task require unusual strength or personal capability?	<input type="checkbox"/>	<input type="checkbox"/>
Does the task require special skills, knowledge or training for their safe execution?	<input type="checkbox"/>	<input type="checkbox"/>
Do any individuals have health problems that may affect their ability to perform the task?	<input type="checkbox"/>	<input type="checkbox"/>
Are any individuals pregnant or may have health restrictions?	<input type="checkbox"/>	<input type="checkbox"/>
Is there a need for mechanical assistance?	<input type="checkbox"/>	<input type="checkbox"/>
Are the individuals required to use PPE?	<input type="checkbox"/>	<input type="checkbox"/>
Is training required?	<input type="checkbox"/>	<input type="checkbox"/>

Manual Handling Risk Assessment Form

Phil Hughes, Ed Ferrett



Manual Handling Risk Assessment Form:

Electrical Trade Practices 2nd edition Ralph Berry, Frank Cahill, Phillip Chadwick, 2019-02-01 Written to the core practical units of competency from the UEE11 Electrotechnology Training Package Electrical Trade Practices 2e by Berry Cahill and Chadwick provides a practical yet comprehensive companion text covering the practical units within the UEE30811 Certificate III in the Electrotechnology Electrician qualification Electrical Trade Practices is the practical volume to accompany Phillips Electrical Principles

Tolley's Risk Assessment Workbook Series: Utilities Peter Ellis, Jaan Stanton, 2020-12-14 Risk assessment is the key to successful management of health and safety at work Risk assessments are carried out in order to quantify and evaluate the significance of workplace hazards so that appropriate control measures can be put in place Usually a written record of the assessment is required detailing the following information The hazards and how much risk is associated The risk with appropriate control measures Deadlines to follow up the risk assessment to ensure the risk is managed Failure to carry out risk assessments punishable by law is often due to lack of a suitable risk assessment system Tolley's Risk Assessment Workbook Utilities provides that system both in the form of key background information on how to carry out a risk assessment understanding relevant legislation and regulations but most importantly by providing Checklists highlighting key industry specific hazards and control measures Questionnaires highlighting key questions the risk assessor should ask when analysing the risk posed by the hazard Action Plans to ensure the risk assessment is followed up and completed The Workbook offers a practical risk assessment system it shows you how to comply with the law and gives you the foundations of a logical procedure that can be understood easily put into place quickly where necessary and adapted to your organisation's needs Tolley's Risk Assessment Workbooks is a series of practical Workbooks providing you with all the information you need to conduct risk assessments in industry specific areas including Manufacturing Retail Leisure Education Offices and Construction A special Risk Assessment Workbook on Stress has also been developed in order to facilitate management of this issue which is of key concern to all organisations

Leading and Managing Healthcare Neil Gopee, 2022-03-02 This textbook has been created to support the journey from emerging registered healthcare professional through to becoming a competent frontline care setting manager It considers the seminal theories and research into leadership and management and places them firmly into the healthcare context providing the reader with thorough and robust guidance in the application of the knowledge base in the subject area Key features Integration of theory and practice using Action Points and case studies throughout Includes perspectives from a wide range of healthcare settings and professional groups Each chapter includes Guidance on good practice showing what high quality care and effective change looks like Written by a vastly experienced author practitioner and educator this latest book from Neil Gopee is essential reading for nursing health and social care students taking modules on leadership management and transition to practice in their final year It is also ideal for newly qualified professionals or those moving into band 5 or 6 roles with managerial

responsibilities Dental Practice Health Check Lesley Bailey, Suzanne Mitchell, 2018-05-08 Dental Practice Health Check helps dental practice owners improve their business It is concise practical and ideal for day to day reference Sound evidence based principles are offered to assist practice owners in becoming better people managers drive revenue and profitability through marketing and customer service and ensure the business has robust systems and procedures to support its operation By encouraging practice owners to step back and review their current business practices the book examines ways of making the dental business more rewarding in the long run maximising opportunities and supporting revenue and profitability Dental Practice Health Check is highly recommended for principal dentists and dental practice managers including those undertaking training Associate dentists interested in purchasing or starting their own practice will find the information enlightening as will accountants and legal firms with dental clients as well as banks and other financial institutions

Introduction to Health and Safety in Construction Phil Hughes, Ed Ferrett, 2007-02-19 Introduction to Health and Safety in Construction covers the specific challenges faced by the construction industry as well as the basics of occupational safety and health in general The coverage of this book has been directly matched to the Certificate course in Construction Safety and Health from NEBOSH However the comprehensive coverage of health and safety topics in a construction context make it relevant for other courses in Construction Design and Management Construction Safety and Health and the Built Environment both in the UK and overseas as well as for construction professionals who are looking for an introduction to health and safety which addresses the specific problems encountered in their industry In its second edition the book has been updated to incorporate changes in legislation regarding Noise Vibration COSHH Work at Height Fire Safety Construction Design and Management Asbestos The text is highly illustrated in full colour easy to read and includes self assessment questions taken directly from NEBOSH examinations A chapter on study skills offers support for professionals returning to study The text is also supported with checklists report forms and record sheets making it a valuable reference tool for construction managers supervisors designers building and civil engineers to consult on the day to day issues of health and safety *Contemporary Ergonomics 1999* Margaret Hanson, 2004-01-14 The annually released proceedings of the UK s Ergonomics Society annual conference This book continues the long association between Taylor Francis and the Ergonomics Society

Basic Electrical Installation Work Trevor Linsley, 2013-05-08 Everything needed to pass the first part of the City Guilds 2365 Diploma in Electrical Installations Aligned with the 17th edition IET Wiring Regulations Amendments this new edition has been fully updated to cover the City Guilds 2365 02 course Written in an accessible style with a chapter dedicated to each unit of the syllabus this book helps you to master each topic before moving on to the next End of chapter revision questions enable learners to check their understanding and consolidate key concepts learnt in each chapter With a brand new website containing videos animations worksheets and lesson plans this resource will be invaluable to both students and lecturers alike **Evidence-Based Practice - A Critical Discussion of Occupational Therapy Practice with a Focus**

on Assessments Linda Mathews, 2011-12-22 Essay from the year 2008 in the subject English Miscellaneous grade 77% London South Bank University UK 29 entries in the bibliography language English abstract Placement Setting The team is based in an NHS teaching PCT Practice takes place in the community and or in the hospital gym or therapy rooms Overarching philosophy of care NHS frameworks standards The overarching philosophy of care is based on the Social Model of Disability Oliver 1983 and the empowerment of the client in enhancing his/her level of independence which may consequently prevent hospital admission A key paper used in this setting is the NSF for Older People Department of Health 2001 particularly its second standard client centred care Client population health needs age range ethnicity service user profile The profile of a typical service user describes an adult experiencing a long term neurological condition Health needs vary but typically include the need for adaptive equipment in order to improve self care skills **The Development of a scientifically based manual handling risk assessment checklist ...**, 1997 **OSH in Figures** Marthe Verjans, European Agency for Safety and Health at Work, 2007 Includes statistics *Nursing Times, Nursing Mirror*, 2003 **Management Services**, 1993 *International Turfgrass Bulletin*, 2001 **Business** Perseus Publishing, 2002-08-15 A landmark in reference publishing this resource covers virtually every aspect of the world of business It contains clear concise text plus profiles of 150 countries and biographies of management pioneers Includes 150 maps and 700 illustrations *The Development of a Scientifically Based Manual Handling Risk Assessment Checklist and Accompanying Guidelines which Have Been Tested for Usability with Novice Users* Lance David Kenningham, 1998 Materials Handling News, 2001 *Breathing Life Into Training* National Automotive Industry Training Board, Doncaster (Australia), 1994 This project was aimed at developing trialing and evaluating a model of integrated training within the context of the Vehicle Industry Certificate VIC through six pilot programmes in different enterprises across the industry The background rational theoretical perspectives and methodology are explained Pilot programmes at six companies are discussed in detail Table of contents Executive summary Introduction Background Theoretical perspective Methodology Implementation Foundry elective A case study of integrated training at Holden's Engine Company HEC Warehousing elective at Ford National Parts Distribution Centre Workbooks for workplace learning at Mercedes Benz Consulting for curriculum development at Mitsubishi Motors Adelaide Integrated training at Nissan National Part Distribution Centre Dandenong Victoria Team Member Two training at Toyota Press Plant Altona Results of the projects Responding to learning and curriculum issues Issues implications and recommendations Safety and Health at Work, 2002 **Manual for Horticultural Export Quality Assurance** Natural Resources Institute (Great Britain), 1994 Countries exporting produce to the European Union face a highly competitive market They also have to meet the demands of strict legislation and customers requirements for food safety and consistent good quality Here is a practical do it yourself guide to the procedures and practices that will meet the requirements of both EU legislation and major customers It introduces the concept of total quality management and will enable exporters to

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A Community Model for Handling Hazardous Materials Transportation Emergencies ,1986

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