

MedSurg Exam 1 Study Guide

Endocrine Overview

Endocrine system

includes glands that secrete hormones
found in various locations in the body

Endocrine Glands, Hormones, and Symptomology

Endocrine Gland	Hormone Name	Symptoms Deficiency	Symptoms Overproduction
ADRENALS	Cortisol	Fatigue, weight loss, inability to fight stress, poor immunity	Weight gain, stretch marks, fatigue
	Aldosterone	Fatigue, dizziness or droning	High blood pressure
PANCREAS	Insulin	Diabetes	Weight gain, fatigue
	Glucagon	Hypoglycemia, weight gain	Diabetes
THYROID	T4 & T3	Fatigue, depression, weight gain	Fatigue, weight loss, leg
PARATHYROID	PTH	Shaking, depression	Abdominal pain, fatigue, depression

Factors Affecting Endocrine function

Aging
Chronic Disease
Medications or supplements
Stress
Environment
Genetics

Overview of A & P

Neuroendocrine Regulation

1. Hypothalamic-Pituitary Complex
2. Negative feedback

Hypothalamus releases thyrotropic releasing hormone (TRH)

The anterior pituitary releases thyroid stimulating hormone (TSH)

The thyroid releases thyroxine (T4) and triiodothyronine (T3)

So what can go wrong? Too much or too little...

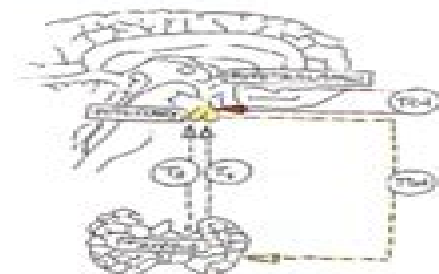
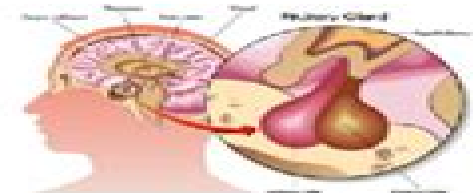
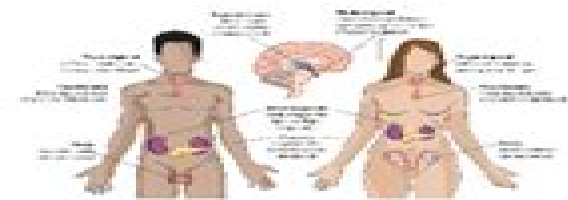
if the problem is in the TARGET organ, it's called a PRIMARY disorder

if the problem is in the pituitary, it's called a SECONDARY disorder

if the problem is with the hypothalamus, it's called a TERTIARY disorder

Examples:

1. If the thyroid gland is destroyed by an autoimmune process and can no longer produce thyroid hormones, the problem is called PRIMARY HYPOTHYROIDISM
2. If the pituitary gland is unable to release TSH (thyroid stimulating hormone) to stimulate the thyroid to release thyroid hormones, the problem is called SECONDARY HYPOTHYROIDISM
3. Hypothalamic problem? TERTIARY



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