



196

100 Minnesota Treats

This is inspired by the famous Texas sheet cake—a large, thin, chocolate cake covered in icing and often pecans. I found that most recipes had a small amount of cocoa in the cake (which just wasn't enough chocolate for me) and the icing was often too sweet. My Midwestern version of the cake needed a good dose of chocolate, then more chocolate in the form of ganache poured over the warm cake. Such a pleasure—combined for plenty of sweet-salty crunch—top the whole thing off, as they are native to Minnesota. Now I just need a prettuck to bring this beauty to . . .

## Minnesota Sheet Cake

MAKES 1 OR LARGE OR  
40 SMALL SQUARES

### CAKE

- 1 cup (250 g) granulated sugar
- 1 cup (250 g) brown sugar
- 8 tablespoons (1 stick or 113 g) unsalted butter, melted
- $\frac{1}{4}$  cup (75 g) Dutch-processed cocoa powder
- $\frac{1}{4}$  cup (75 g) vegetable or canola oil
- $\frac{1}{4}$  cup (25 g) Crème Fraîche (page 278) or sour cream, at room temperature
- 3 large eggs, at room temperature
- 2 large egg yolks, at room temperature

- 2 teaspoons pure vanilla extract
- 1 teaspoon salt
- 1 teaspoon baking soda
- $\frac{1}{4}$  teaspoon baking powder
- 2 cups (254 g) all-purpose flour
- $\frac{1}{4}$  cup (75 g) strong, freshly brewed coffee, hot

### ASSEMBLY

- 1 recipe Ganache (page 257), half sheet pan variation
- 2 cups (250 g) Candied Walnuts (page 254), black walnut or pecan variation

**1) FOR THE CAKE.** Position an oven rack in the middle of the oven and preheat the oven to 350°F (180°C). Grease a sheet pan, 23 in a large bowl, whisk together the granulated and brown sugars, melted butter, cocoa powder, oil, crème fraîche, egg yolk, vanilla, salt, baking soda, and baking powder. Add the flour and mix with just combined. Pour the batter into the prepared pan and use an offset spatula to smooth the top. 3) Bake for 18 to 24 minutes, until a wooden skewer or toothpick inserted into the center comes out with the faintest bit of crumbs. Transfer the pan to a wire rack and let cool for 5 minutes. 4) **ASSEMBLY.** Pour the ganache over the warm cake, using an offset spatula to smooth it

over the top. Sprinkle it candied black walnuts cooled to room temperature cut into squares be stored in the refrigerator 3 days.

# Minnesota Cake Recipe

**Estelle Woods Wilcox**



## Minnesota Cake Recipe:

*Minnesota Vacation Days* Kathryn Strand Koutsky, Linda Koutsky, 2006 From the authors of *Minnesota Eats Out* this lavishly illustrated and jam packed book brings readers 150 years of vacation getaways in the Land of 10 000 Lakes

*Cheesecake Cupcakes and Other Cake Recipes* Brekka Hervey Larrew, 2008-09 A collection of unique recipes and simple instructions for a number of cakes including cheesecake cupcakes gooey apple dump cake and cookies and cream cake

*Bundt Cake Bliss* Susanna Short, 2007 How does an ordinary person make a sophisticated crowd pleasing cake in a snap With a bundt pan of course Foodie Susanna Short brings back the beautiful bundts of yesteryear with mouthwatering kitchen tested recipes for busy families elegant entertainers and confection connoisseurs everywhere in *Bundt Cake Bliss* From vintage favorites like Quick Orange Kiss and Tunnel of Fudge to fanciful finds like Green Chili Cornbread and Mexican Hot Chocolate Mini Bundts this delightful book features just about every delectable bundt baked by the Midwest s own since the handy pan burst into the baking scene in the 1960s And don t forget the dozens of glazes sauces and frostings sure to transform any cake into a shining crown of glory Here is a cookbook that makes baking accessible to all where fun is an essential tool in the kitchen Among the delicious recipes and stories of the cakes and their creators are tips for dressing up bundts for special occasions and for managing those unexpected mishaps And to top it off Short offers warm and humorous reflections about the power of bundts in building community Susanna Short is a caterer who has been baking with passion and curiosity since the age of six Dorothy Dotty Dalquist and her husband H David Dalquist developed the original Bundt pan for their company NordicWare *The Minnesota Beekeeper*, 1984 **Betty Crocker 20 Best Birthday Cakes Recipes**

**For Tots** Betty Crocker, 2013-05-20 Celebrate Those Special Birthdays Photo of Every Recipe Your child s first birthday and the next few birthdays are treasured memories as your child begins to explore the world These adorable cakes are geared just for those special years from the First Birthday Smash Cake to the interactive Pull Apart Turtle Cupcakes Fun for boy and girls as well as their parents the 20 birthday cakes here will make any child s party a special occasion *Popular Mechanics*, 1993-08 *Popular Mechanics* inspires instructs and influences readers to help them master the modern world Whether it s practical DIY home improvement tips gadgets and digital technology information on the newest cars or the latest breakthroughs in science PM is the ultimate guide to our high tech lifestyle *Good Housekeeping*, 1889 **The Boston Cooking School Magazine of Culinary Science and Domestic Economics** Janet McKenzie Hill, 1906 *Quantity Food Service Publications* Michigan State College. Agricultural Extension Service, 1959 **The Original Buckeye Cook Book and Practical Housekeeping** Estelle Woods Wilcox, 1905 **Minnesota Eats Out** Kathryn Strand Koutsky, Linda Koutsky, 2003 A virtual romp through Minnesota s dining spots this rich history also features a priceless collection of recipes for dishes made famous through the years 1 000 illustrations many in color **Table Talk**, 1887 *Popular Mechanics*, 1980-07 *Popular Mechanics* inspires instructs and influences readers to help them master the modern world Whether it s

practical DIY home improvement tips gadgets and digital technology information on the newest cars or the latest breakthroughs in science PM is the ultimate guide to our high tech lifestyle Woman's World ,1927 **National Baker** ,1913 **Caloric Book of Recipe** Caloric Company,1910 **McCall's** ,1925 **Midwestern Folklore** ,2003 Good Housekeeping Magazine ,1888 **The New Practical Housekeeping** ,1890

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erkrankungen kann die kognitive verhaltenstherapie zum einsatz kommen