

HEALTHY HEART & WAISTLINE
MANAGEMENT HEART RATE
PEDOMETER WATCH

EASY
TO USE

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UNISEX



mio STRIDE

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PEDOMETER FUNCTIONALITY

STRIDE easily & effectively tracks
your heart rate, steps, speed,
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- > Tone your body

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NEEDED**



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count



distance



calories



speed



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intensity



50m
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Mio Stride Watch Instructions

Ava Stone Maxwell



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