

Body Moisturizers

The ultimate guide



Natural Body Moisturizers The Ultimate Guide

Lindsey Pylarinos



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How to Make Natural Body Lotions Miriam Kinai, 2013-10-22 How to Make Natural Body Lotions uses clear explanations to teach you how to make your own non toxic handmade and homemade moisturizers to use at home or sell and make money This book also teaches you the properties of various vegetable oils and essential oils so that you can choose the best ingredients to make organic lotions for different skin types and various physical and mental conditions How to Make Natural Body Lotions will teach you how to make therapeutic moisturizers for Normal skin Sensitive skin Dry skin Mature skin and Prematurely aging skin Eczema and Psoriasis Ringworms Menopausal symptoms Pre menstrual tension PMS and Painful periods Arthritis

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Body Lotions for Glowing Youthful Vibrant SkinBeauty Products Basically an essential oil contains aroma compounds found in plants They are extracted from plants and are often fragrant or have distinctive scents that set them apart from artificial oils and products Distillation is often the process done in order to extract oils from plants Steam is essential in being able to get the oils out of the plants and in being able to preserve them well Throughout history essential oils have been used for a variety of reasons such as for medicinal and aesthetic purposes Using essential oils in beauty products is ideal because they come from plants which means that they are natural and there are no side effects to using them Using essential oils is also a form of aromatherapy Plus being able to create your own beauty products with the help of different essential oils would be so much fun Aside from being able to use the products on your own you may also sell them to your friends and colleagues Start reading this book now and create your very own natural beauty products

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