

# Mock Code: A Code Blue Scenario Requested by and Developed for Registered Nurses

Kerry-Lynn Williams<sup>1</sup>, Janice Rideout<sup>2</sup>, Sherry Pritchett-Kelly<sup>3</sup>, Melissa McDonald<sup>4</sup>, Paula Mullins-Richards<sup>5</sup>, Adam Dubrowski<sup>6,7</sup>

1. Faculty of Medicine, Memorial University of Newfoundland 2. Clinical Learning and Simulation Centre and Eastern Health, Eastern Health/Memorial University 3. Clinical Learning and Simulation Centre, Memorial University 4. Eastern Health, Eastern Health 5. Clinical Learning & Simulation Center, Faculty of Medicine, Memorial University of Newfoundland 6. Emergency Medicine, Pediatrics, Memorial University of Newfoundland 7. Marine Institute, Memorial University of Newfoundland

**Corresponding author:** Kerry-Lynn Williams, kwilliams@mun.ca

Disclosures can be found in Additional Information at the end of the article

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## Abstract

The use of simulation in medical training is quickly becoming more common, with applications in emergency, surgical, and nursing education. Recently, registered nurses working in surgical inpatient units requested a mock code simulation to practice skills, improve knowledge, and build self-confidence in a safe and controlled environment. A simulation scenario using a high-fidelity mannequin was developed and will be discussed herein.

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**Categories:** Medical Simulation

**Keywords:** simulation-based medical education, nursing simulation, nursing education

## Introduction

Simulation-based medical education is an evolving field that allows trainees to practice skills, expand knowledge, and build self-confidence in a safe and controlled environment with no risk to patients [1]. Through the use of a high-fidelity mannequin simulator, participants can practice clinical skills, and the mannequin will respond in accordance with the students' actions or inactions [2]. Recently, registered nurses working in surgery inpatient units expressed interest in participating in a simulation, in particular, a Code Blue scenario. The Quality, Patient Safety, and Risk Management Department of Eastern Health (EH) echoed staff concerns and approached the Clinical Learning and Simulation Centre (CLSC) for support. This technical report describes a unique collaboration between EH, a teaching hospital in St. John's, and the CLSC, a simulation center based in Memorial University. After the EH nurse educator met with the CLSC staff, it was felt that practicing a code in a safe, simulated environment would be a means to improve provider confidence and ultimately improve patient safety. Targeted learning objectives for this scenario were developed, focusing on the recognition of the deteriorating patient, team approach to care, timely and appropriate Code Blue response initiation, effective patient care, and clear communication techniques. Therefore, this scenario was designed for registered nurses working in each of the surgery units at EH, including orthopedics, neurosurgery, urology, and general surgery/plastics/burns.

## Technical Report

The simulation training session was conducted in the CLSC, Faculty of Medicine, Memorial

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