

# **KARUNA KI MANUAL BY VINCENT AMADOR**

## **COMPASSIONATE HEART ENERGY AND HEALING**

This manual and information is for Karuna Ki Masters, Practitioners and students. If you have not had some Usui Reiki Training, this information will be of little use to you or make little sense. This Manual is here for my students, and those interested in learning or participating in Karuna Ki.

### **INTRODUCTION AND OVERVIEW**

Karuna Ki is an art that I developed from my practices with Karuna and the Karuna Symbols. Karuna Ki is the Way of Compassionate Energy and a Healing and Meditative practice using the Karuna Ki energy and symbols to be the Divine Heart of Compassion. The History of Karuna Ki tries to be balanced in its understanding of how the Karuna arts came to be, and tries to give due credit to those who invested time and effort in its development. Karuna Ki represents my development and practice with the Karuna, the symbols, Karuna Ki Do meditations and other practices. Karuna Ki shares the symbols and early development with Karuna Reiki\_, and Tera Mai-Reiki. Karuna Ki has new attunements and Karuna Ki Do meditations, and is a new development apart from either Karuna Reiki\_ and Tera Mai-Reiki. The basic principle of Karuna Ki is the connection to (and becoming) the embodiment of compassion both for healing self and others, and to send healing and compassion to all creation. The attunement and subsequent meditations link us to the compassion of God (which we all already are and have!), and it is through this power that we heal. During the healing we strive to reflect compassion and love not only to those we heal, but to all creation. For those uncomfortable with the use of "God", this principle is reflected wonderfully in the Buddhist Goddess of Compassion, Kuan Yin (Kannon in Japanese). This is a "heart centered compassion" and a heart centered healing. It is sharing in the compassion of God, or the compassion of Kuan Yin for all the universe. It is only in this perfect love that one is truly healed.

### **SIMILARITIES AND DIFFERENCES TO OTHER KARUNA ARTS AND SYSTEMS**

Karuna Ki evolved from other Karuna arts. Similarities include that it shares the Symbols Zoner, Haku, Harth, Rama, Onosa, Kriya, Shanti, Ieva, Om, Fire Serpent, and the Tibetan Master Symbol. Karuna Reiki\_ uses a process of 4 attunements. In reality there are only 2 attunements. There is a Karuna I and a Karuna II attunement. When learning Karuna Practitioner Level I, you receive the first of the two attunements. When you learn Karuna Practitioner Level II, you receive the second attunement. When you learn the two master levels, you receive the same attunements again with the intent that they be master attunements this time. In Tera Mai-Reiki, there are three attunements. These are Level I, Level II, and Master Level. There is also a Water ceremony and a Yod initiation. Karuna Ki is very different. It has a two faceted attunement system. For those who are already Reiki, or Seichem Masters, there is a Singular Karuna Ki Master Attunement that attunes you to all the symbols to the Master level in one attunement. For those with less than master energy work, there is a three leveled attunement system. The theoretical underpinnings of this are discussed in more depth in the attunement section of this manual.

It should be noted that I do not claim anything supernatural or mystic in developing this Karuna Ki system or these attunement processes. They do not come from Ascendant Masters, Channeled beings, "from God" or anything else. They come from a human being who studied carefully the process, how it worked and what was necessary for it to work. These practices developed naturally out of my practices. These days, there are many claims by some systems being "higher frequency", "faster healing" and "better than Usui Reiki". It must be noted that the Karuna Ki System makes none of these claims. Honesty and integrity are more important to me than self promotion and sales.

# Karuna Ki Manual By Vincent Amador Oocities

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