Manual Muscle 9\ Testing

Gravity	Number Grade	Letter Grade	Definition
Against	5	Normal (N)	Full ROM against gravity with max resistance
Against	4+	Good plus (G+)	Full ROM against gravity less than max resistance but less mod resistance
Against	4	Good (G)	Full ROM against gravity with mod resistance
Against	4-	Good minus (G-)	Full ROM against gravity less than mod resistance
Against	3+	Fair plus (F+)	Full ROM against gravity with min resistance
Against	3	Fair (F)	Partial full ROM against gravity with no resistance
Against	3-	Fair minus (F-)	Less than full ROM against gravity (more than 50%)
Against	2+	Poor plus (P+)	Full ROM on gravity-eliminated plane with minimal resistance
Eliminated	2	Poor (P)	Full ROM on gravity-eliminate plane with no resistance
Eliminated	2-	Poor minus (P-)	Less than full range of motion on gravity- eliminated plane
Eliminated	1	Trace	Contraction when palpated
Eliminated	0	Zero (0)	No tension or contraction when palpated

Manual Muscle Test Definition

Anthony S. Fauci



Whispering the Techniques of Language: An Emotional Journey through Manual Muscle Test Definition

In a digitally-driven world where screens reign great and quick transmission drowns out the subtleties of language, the profound techniques and emotional nuances concealed within words frequently move unheard. However, set within the pages of **Manual Muscle Test Definition** a fascinating literary value blinking with raw feelings, lies a fantastic journey waiting to be undertaken. Published by an experienced wordsmith, that marvelous opus attracts readers on an introspective journey, lightly unraveling the veiled truths and profound influence resonating within the very cloth of each and every word. Within the emotional depths with this emotional evaluation, we shall embark upon a heartfelt exploration of the book is primary themes, dissect its captivating publishing design, and succumb to the powerful resonance it evokes serious within the recesses of readers hearts.

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