



CESAR BARIOLI

# MANUAL PRACTICO DE **KARATE** LA MAS TERRIBLE DEFENSA PERSONAL

EDITORIAL DE VECCHI

KARATE

LA MAS TERRIBLE DEFENSA PERSONAL

# Karate Training Manual

**LL Leslie**

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

## **Karate Training Manual:**

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