

# THE CORE COMPONENTS OF THE MATRIX MODEL



WHITE LIGHT  
BEHAVIORAL HEALTH

## STRUCTURED PROGRAM DESIGN

- *Early Recovery Skills Groups*
- *Relapse Prevention Groups*
- *Family Education Groups*
- *Social Support Groups*

## INTEGRATIVE TREATMENT APPROACH

- *Cognitive Behavioral Therapy*
- *Motivational Interviewing*
- *Contingency Management*
- *12-Step Facilitation Therapy*

## INTENSIVE OUTPATIENT PROGRAM

- *Flexibility*
- *Accessibility*
- *Support*

## INTEGRATIVE TREATMENT APPROACH

- *Phased Treatment*
- *Clear Milestones*
- *Ongoing Evaluation*



# Matrix Model Treatment Manual

**WJ Hussar**



## **Matrix Model Treatment Manual:**

**Counselor's Treatment Manual: Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders** U.S. Department of Health and Human Services, 2019-03-17 The Matrix IOP method was developed initially in the 1980s in response to the growing numbers of individuals entering the treatment system with cocaine or methamphetamine dependence as their primary substance use disorder Many traditional treatment models then in use were developed primarily to treat alcohol dependence and were proving to be relatively ineffective in treating cocaine and other stimulant dependence Obert et al 2000 To create effective treatment protocols for clients dependent on stimulant drugs treatment professionals at the Matrix Institute drew from numerous treatment approaches incorporating into their model methods that were empirically tested and practical Their treatment model incorporated elements of relapse prevention cognitive behavioral psychoeducation and family approaches as well as 12 Step program support Obert et al 2000 Counselor's Treatment Manual, 2006 **The Matrix Model** Richard A. Rawson, Jeanne L. Obert, Michael J. McCann (M.A.), Walter Ling, 2014

**Encyclopedia of Substance Abuse Prevention, Treatment, and Recovery** Gary L. Fisher, Nancy A. Roget, 2009 This collection provides authoritative coverage of neurobiology of addiction models of addiction sociocultural perspectives on drug use family and community factors prevention theories and techniques professional issues the criminal justice system and substance abuse assessment and diagnosis and more *Textbook of Addiction Treatment* Nady el-Guebaly, Giuseppe Carrà, Marc Galanter, Alexander M. Baldacchino, 2020-11-03 Addiction is increasingly being recognized as a major global public health issue and an ever growing number of medical specialties psychological and social science training programs and professional associations are including addiction as part of their training and continuing education curricula The first edition of this book presented an overview of the spectrum of addiction related problems across different cultures around the globe Sharing the experience and wisdom of more than 260 leading experts in the field and promoted by the International Society of Addiction Medicine it compared and contrasted clinical practices in the field of addiction medicine on the basis of neurobiological similarities as well as epidemiological and socio cultural differences Building on the success of this inaugural edition and taking into account the formal and informal comments received as well as an assessment of current need this textbook presents general updated information while retaining the most requested sections of the first edition as demonstrated by the number of chapter downloads It also provides a basic text for those preparing for the ISAM annual certification exam Written by some 220 international experts it is a valuable reference resource for anyone interested in medicine psychology nursing and social science *Counselor's Family Education Manual - Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders* Department Of Health And Human Services, 2019-11-23 The Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders IOP package provides a structured approach for treating adults who abuse or are dependent on stimulant drugs The approach followed in the treatment package was

developed by the Matrix Institute in Los Angeles California and was adapted for this treatment package by the Knowledge Application Program of the Center for Substance Abuse Treatment of the Substance Abuse and Mental Health Services Administration SAMHSA The Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders IOP package provides a structured approach for treating adults who abuse or are dependent on stimulant drugs The approach followed in the treatment package was developed by the Matrix Institute in Los Angeles California and was adapted for this treatment package by the Knowledge Application Program of the Center for Substance Abuse Treatment of the Substance Abuse and Mental Health Services Administration SAMHSA

**Counselor's Family Education Manual** U. S. Department of Health and Human Services, 2013-06-26 The Matrix IOP method was developed initially in the 1980s in response to the growing numbers of individuals entering the treatment system with cocaine or methamphetamine dependence as their primary substance use disorder Many traditional treatment models then in use were developed primarily to treat alcohol dependence and were proving to be relatively ineffective in treating cocaine and other stimulant dependence Obert et al 2000 To create effective treatment protocols for clients dependent on stimulant drugs treatment professionals at the Matrix Institute drew from numerous treatment approaches incorporating into their model methods that were empirically tested and practical Their treatment model incorporated elements of relapse prevention cognitive behavioral psychoeducation and family approaches as well as 12 Step program support Obert et al 2000

**Handbook of Addictive Disorders** Robert Holman Coombs, 2004-04-28 The most comprehensive source for the latest research and practice techniques for diagnosing and treating addictive disorders This book brings together an array of international experts on addictive disorders Robert Coombs's Handbook of Addictive Disorders discusses the contemporary issues surrounding the understanding of addiction from diagnosis to treatment of an addicted client The Handbook of Addictive Disorders is an example of practical and clinical information at its best Lorraine D Grymala Executive Director American Academy of Health Care Providers in the Addictive Disorders The Handbook of Addictive Disorders A Practical Guide to Diagnosis and Treatment is a comprehensive state of the art resource featuring valuable contributions from a multidisciplinary team of leading experts This unique guide deftly defines addiction and examines its comorbidity with other problems Subsequent chapters present an overview of addictive disorders coupled with strategies for accurately diagnosing them planning effective treatment and selecting appropriate interventions Chapters on public policy and prevention are of indispensable value in light of this growing health concern The only reference available to cover the full spectrum of addictions and addictive behaviors the Handbook of Addictive Disorders provides the most current research and treatment strategies for overcoming Chemical dependency Workaholism Compulsive gambling Eating disorders Sex addiction Compulsive buying This useful guide features case studies figures and diagrams lists of practical interventions for each disorder and self assessment exercises for clients Psychologists addiction counselors social workers and others working in the addictions field will find the Handbook of Addictive Disorders to be an essential resource

for practical validated information on all types of addictions and their related problems **SAMHSA News** ,2006

**Substance Use Disorders** Antoine Douaihy,Dennis C. Daley,2013-12 Written by experienced clinicians and researchers this book provides a comprehensive overview of substance use disorders It integrates evidenced based practices with clinical wisdom of practitioners from several disciplines Most importantly this book provides practical strategies to help patients with substance use disorders in a range of treatment settings **The Matrix Model** Richard A. Rawson,2005-01-01

**Interventions for Amphetamine Misuse** Richard Pates,Diane Riley,2009-06-24 Interventions for Amphetamine Misuse is a practical useable guide for health professionals working in the field It details the physical and psychological problems associated with the drug s abuse provides a detailed and evidence based assessment of the interventions currently in use worldwide and offers a broad historical and cultural overview The book includes detailed case studies to illustrate the experiences of a wide range of countries including the UK Japan Australia Thailand and the USA with the aim of drawing together the evidence and reaching a consensus This important book also offers an overview of the changes in legislation that have reflected growing concern regarding the evolution in the way that the substance has been formulated Discussed are the illicit use of amphetamine type substances and the associated dangers and concerns with the treatment of attention deficit hyperactivity disorder and the drug s use in the suppression of appetite *Substance Abuse: Administrative Issues in Outpatient Treatment (TIP 46)* U.S. Department of Health and Human Services,2019-11-23 The primary audience for this TIP is administrators of outpatient substance abuse treatment programs A few words about this audience are in order Whereas TIP 8 addressed intensive outpatient treatment the current TIP drops the word intensive from its title because the consensus panel hopes that this TIP will find an audience beyond administrators of IOT programs Most of the concepts and guidelines included in this TIP apply to the administration of all substance abuse outpatient treatment OT programs On those rare occasions when information applies only to IOT programs the authors have been sure to make this clear Although the term administrator is used most often to describe the audience for this book the terms executive and director appear as well and are used interchangeably with administrator These overlapping terms emphasize the varied roles and responsibilities that administrators assume **Drug Problems** Richard Isralowitz,Richard Rawson,Mohamed Afifi,2002-01-30 Substance abuse and its social consequences are a major public concern for communities throughout the world The motivations and consequences are deeply imbedded within the social and political structures of all countries whether they be well established democracies or developing nations Every culture shapes the meaning of and responses to substances such as marijuana and heroin over time and across locations but the broader drug issue has become universal As the sphere of the problem expands the experiences and solutions of each nation become more relevant to other countries International concern over substance abuse has intensified as a result of the rise in production use and trafficking of illicit drugs all over the world Therefore the practical knowledge of policy development and abuse prevention and treatment strategies in the Middle East have increasing

relevance for the rest of the world      Client's Handbook: Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders U.S. Department of Health and Human Services,2019-03-17 The handouts in this book will help you get the most out of your Matrix treatment Some handouts ask questions and have spaces for your answers Other handouts ask you to read and think about a subject or an idea or they contain advice or reminders about recovery It is a good idea to keep and review the handouts after you have used them They will help you stay strong as you continue in your recovery During each treatment session your counselor will ask you to follow along on the handout while he or she goes over it with the group The counselor will give you time to think about what it says and write your answers to questions it may ask The group will then discuss the handout You should share your thoughts and ask questions during this time If you still have questions there will be more time to ask questions during the last part of each session      Counselor's Treatment Manual ,2013      **The Matrix Model for Teens and Young Adults Therapist Manual** Matrix Institute,2007-09-30 The Matrix Model for Teens and Young Adults Therapist Manual      Conducting Multiple Site Evaluations in Real-World Settings James M. Herrell,2002-07-22 In the past decade interest in multisite evaluation has grown but there is still not a substantial literature on the issues involved in conducting evaluations in multiple sites There are however a number of threads that readers may be interested in pursuing The literature on clinical trials increasingly contains references to conducting multicenter clinical trials Cluster evaluation is an approach to multisite evaluation that has been developed by the W K Kellogg Foundation for improving the evaluation of certain foundation initiatives The studies described in this volume represent an approach to multisite evaluation that has much in common with the clinical trials tradition However it shares with cluster evaluation an appreciation for the adjustments that are necessary to reflect the realities of conducting evaluation research in actual service settings This is the 94th issue of the quarterly report New Directions for Evaluation      **Methamphetamine Treatment** California. Department of Alcohol and Drug Programs,2007      *The Medical Prescription of Narcotics* David C. Lewis,1997 Presents selected experiences with medical prescription of narcotics focusing on a Swiss experiment and reporting on experiences in other countries including the US Germany Great Britain Australia and The Netherlands Part I examines the development of medical prescription of narcotics in Switzerland with perspectives on scientific considerations ethical and legal aspects and attitudes of drug users and their parents Part II reports on drug policy and treatment in other countries and Part III discusses new developments in pharmacology and therapy Includes a research plan and implementation guidelines for trials involving the medical prescription of narcotics Annotation copyrighted by Book News Inc Portland OR

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