

POLAR TEAM² QUICK GUIDE

This is Quick guide for the Polar Team². Please read Quick guide through before beginning to work with Team². Quick guide gives you the basic information on Team². For more information, see Team² software help.



POLAR TEAM² INCLUDES

■ POLAR TEAM² BASE STATION

- Connects the transmitters with your PC
- Allows you to monitor up to 80 players in real time
- Ethernet, Wi-Fi, Bluetooth
- Rechargeable battery with up to 12 hours stand-alone use
- Operating temperature: 0°C to +60°C (32°F to +140°F)
- Water-resistant if the plug is in place

NOTE: During charging the legs of the base station must be used because the bottom heats up. The bottom of the base station heats up to 60°C (140°F). During charging, the maximum operating temperature is 40°C (104°F).

■ 10 POLAR TEAM² TRANSMITTERS AND TRANSMITTER STRAPS

- Transmitter compatible with most Polar wrist units
- Transmitter strap exclusively designed for Team² transmitters
- Transmitter memory can record 48 hours of data in online mode and up to 360 hours of data in off-session mode
- Bluetooth, Polar magnetic communication technology transmitter, re-chargable battery
- Water-resistant

■ POLAR TEAM² CHARGER

- Not water-resistant, only for indoor use

USB CABLE

- Secondary option for downloading data from the transmitters' memory
- Bluetooth

POLAR TEAM² PC SOFTWARE

- Installation instructions included in Quick guide
- Download the latest software updates to get the newest features for your Team²

Manual Polar Team 2

R Barnett



Manual Polar Team 2:

Whispering the Secrets of Language: An Mental Quest through **Manual Polar Team 2**

In a digitally-driven world where screens reign supreme and quick connection drowns out the subtleties of language, the profound strategies and mental nuances hidden within phrases usually get unheard. Yet, nestled within the pages of **Manual Polar Team 2** a charming literary treasure pulsating with raw feelings, lies an extraordinary journey waiting to be undertaken. Penned by an experienced wordsmith, this marvelous opus invites visitors on an introspective journey, lightly unraveling the veiled truths and profound influence resonating within the material of each and every word. Within the mental depths with this poignant review, we shall embark upon a sincere exploration of the book is key subjects, dissect its fascinating publishing fashion, and fail to the strong resonance it evokes heavy within the recesses of readers hearts.

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