

GAËTAN SAUVÉ

AUTODÉFENSE PSYCHOVERBALE

Attaque Psychoverbale
Violence
Intimidation
Manipulation
Coercition
Abus de pouvoir



Stop!
Observer- Écouter- Ressentir- Agir!
Accepter les mots
Refuser les maux!

POUR S'EXPRIMER SANS MAUX!

Introduction et premier chapitre du livre de Gaëtan Sauvé :
« Autodéfense Psychoverbale pour s'exprimer sans maux »,
Louise Courteau Éditrice

Lautodeacutefense Psychoverbale Pour Sexprimer Sans Maux

TD Snyder



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