

APP User's Manual Model: W240

Thanks for ordering a Bluetooth activity tracker ! You can find start up instructions below.

Downloading The Isport Activity Monitor App

Search for " Isport Activity Monitor" on Google Play or App Store. Download and install the App.



Getting Started With Your Device

1. Mobile Device Requirements

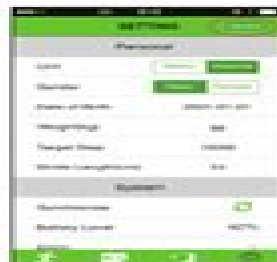
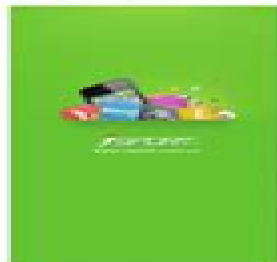
For bluetooth compatibility, please check the chart below:

Compatibility		
Apple	iPhone 4S	iOS 6.0.0 or above
	iPhone 5	
	iPhone 5C	
	iPhone 5S	
	iPod	
Samsung	iPad	Android 4.3 or above
	Galaxy S3	
	Galaxy S4	
	Note II	
	Note III	

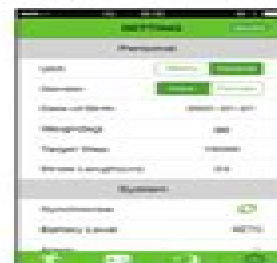
2. Pairing Your Device

Please refer to the user manual for a detailed walk-through.

- 1) Turn on Bluetooth and turn on(open) the App. Enter SETTING—DEVICE , press K1 to activate the tracker, search the activity tracker to pair.



- 2) SETTING Opration. Set your personal info., click "Save" to sync with the Tracker.



- 3) Alarm - 4 alarms can be set. When alarm time arrives, the tracker will vibrate for 30 s.



4) Reminder

For detailed instruction, please refer to the user manual.



For step 2)3)4), please ensure you have activated the tracker(Press the butoon on the tracker for 1s) before save or sync.

Iswing App User Manual

Mina Hardy



Iswing App User Manual:

Digital Technologies and Learning in Physical Education Ashley Casey, Victoria A. Goodyear, Kathleen M. Armour, 2016-11-10 There is evidence of considerable growth in the availability and use of digital technologies in physical education Yet we have scant knowledge about how technologies are being used by teachers and whether or how these technologies are optimising student learning This book makes a novel contribution by focusing on the ways in which teachers and teacher educators are attempting to use digital technologies in PE The book has been created using the innovative pedagogical cases framework Each case centres on a narrative written by a PE practitioner explaining how and why technology is used in their practice to advance and accelerate learning Each practitioner narrative is then analysed by a team of experts from different disciplines The aim is to offer a multi dimensional understanding of the possibilities and challenges of supporting young people s learning with digital technologies Each case concludes with a practitioner reflection to illustrate the links between theory research and practice **Digital Technologies and Learning in Physical Education** encourages critical reflection on the use of technologies in PE It is an essential resource for students on physical education kinesiology or sport science courses practitioners working in PE or youth sport and researchers interested in digital technologies and education

Labor Relations Reference Manual ,1985 Vols 9 17 include decisions of the War Labor Board

After All I've Done Mina Hardy, 2020-11-10 Writing as Mina Hardy New York Times bestselling author Megan Hart delivers a thrilling new psychological suspense for fans of *The Woman in the Window* and *When the Lights Go Out* She s lost her best friend her husband and possibly her mind Five months ago an accident left Diana Sparrow badly injured and missing a few months of her memory As if that s not enough she s started having recurring nightmares about the night of the accident Dreams that feel so real she s left questioning maybe she didn t just slide off the road into a ditch Maybe just maybe she hit something Or someone She can t turn to her former best friend Val who s been sleeping with Diana s husband Jonathan for months but she might find some comfort in newcomer Cole Pelham Yet the closer they become the more Diana begins to wonder what really happened that night and how Cole might be connected Worse it seems everyone else could be involved too Who was with her that night What really happened As her life unravels thread by thread and the dreams become too real to ignore Diana will have to face the unthinkable and do the unforgivable

Assured Destruction Michael F. Stewart, 2017-07-15

Federal Register ,1973-02-16

PC Mag ,2003-08-05 PCMag com is a leading authority on technology delivering Labs based independent reviews of the latest products and services Our expert industry analysis and practical solutions help you make better buying decisions and get more from technology

North Eastern Reporter ,1996

Datamation ,1995

A New English Dictionary on Historical Principles James Augustus Henry Murray, 1919

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Buddhist Hybrid Sanskrit Grammar and Dictionary ,1985 A Buddhist hybrid sanskrit grammar and dictionary by Franklin Edgerton

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,1960 **Locomotive cyclopedia of American Practice** ,1947 The Farmers' Advocate and Home Magazine ,1941
 Census of India, 2001: Rural-urban distribution of population ,2001 A New English Dictionary on Historical
Principles Sir James Augustus Henry Murray,1919 **Schwann Spectrum** ,1995 **The Compu-mark Directory of U.S.**
Trademarks ,1990

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